

Health

Limiting long-term illness, 2001

Area	All People	Limiting long-term illness	
		% of people with limiting long-term illness (a)	% of people of working age population with limiting long-term illness (b)
ENGLAND	49,138,831	17.93	13.29
EAST	5,388,140	16.21	11.40
Basildon	165,668	16.92	12.55
Braintree	132,179	15.46	11.02
Brentwood	68,456	15.42	10.16
Castle Point	86,608	17.11	11.86
Chelmsford	157,072	13.59	9.36
Colchester	155,796	15.95	11.80
Epping Forest	120,896	15.49	10.63
Harlow	78,768	16.17	12.12
Maldon	59,418	15.52	11.01
Rochford	78,489	15.80	10.49
Tendring	138,539	24.00	16.87
Uttlesford	68,946	13.22	8.69
Essex	1,310,835	16.44	11.54
Southend-on-Sea	160,257	19.14	13.32
Thurrock	143,128	16.08	16.08

Notes:

a) Source: Table KS08, 2001 Census, ONS. © Crown Copyright, 2002

b) Limiting long-term illness covers any long-term illness, health problem or disability that limits daily activities or work.

c) Working age population is 16-64 years inclusive for men and 16-59 years inclusive for women.

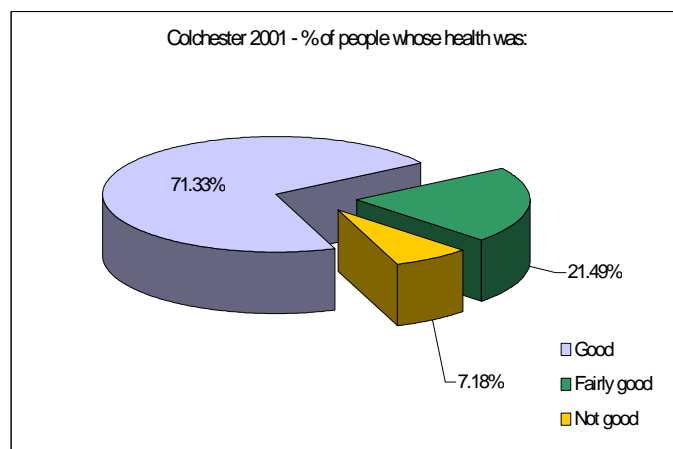
- ⊙ Data from the 2001 Census found that 15.95% of people in Colchester suffer from a limiting long-term illness (any long-term illness, health problem or disability believed by the respondent to limit his or her daily activities or the work they do).
- ⊙ Statistics also indicate that 11.80% of people of working age (16-64m/59f years) suffer from a limiting long-term illness.
- ⊙ Tendring district has the highest proportion of people with a limiting long-term illness (24%), which is way above the Essex average of 16.44%.
- ⊙ In comparison, Uttlesford has the least amount of people with a limiting long-term illness with just 13.22%.

General Health, 2001 (a)

Area	% Of People whose health was:		
	Good	Fairly good	Not good
ENGLAND	68.76	22.21	9.03
EAST	70.35	22.05	7.60
Basildon	69.51	22.15	8.34
Braintree	71.61	21.37	7.02
Brentwood	72.86	20.27	6.87
Castle Point	69.3	22.50	8.19
Chelmsford	73.93	20.01	6.06
Colchester	71.33	21.49	7.18
Epping Forest	71.75	20.84	7.41
Harlow	68.57	23.32	8.11
Maldon	71.69	21.17	7.14
Rochford	71.13	21.68	7.20
Tendring	62.51	26.32	11.17
Uttlesford	74.77	19.40	5.83
Essex	70.51	21.84	7.65
Southend-on-Sea	66.89	23.82	9.29
Thurrock	70.08	22.14	7.78

Notes: a) Source: Table KS08, 2001 Census, ONS. © Crown Copyright.

b) General Health refers to health over the 12 months prior to Census day (29th April 2001)



- ⊙ In Colchester borough, 71.33% (111,126) of the resident population described their health as 'good' in the 12 months prior to Census day (29th April 2001). This is similar to the Essex proportion of 70.51%.
- ⊙ In comparison, 7.18% (11,188) of the population described their health as 'not good' during the same period. This is below the national average of 9.03%.

Unpaid care, 2001 ^(a)

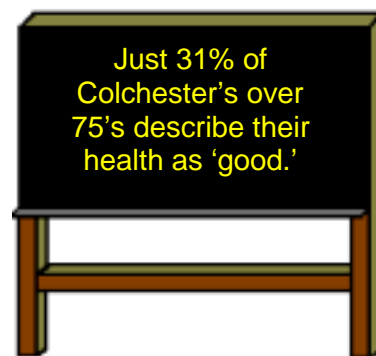
Area	All People	All people who provide unpaid care	% of population who provide unpaid care
ENGLAND	49,138,831	4,877,060	9.93
EAST	5,388,140	520,209	9.65
Basildon	165,668	15,685	9.47
Braintree	132,179	12,396	9.38
Brentwood	68,456	6,902	10.08
Castle Point	86,608	8,998	10.39
Chelmsford	157,072	15,009	9.56
Colchester	155,796	14,516	9.32
Epping Forest	120,896	12,247	10.13
Harlow	78,768	7,022	8.91
Maldon	59,418	6,211	10.45
Rochford	78,489	8,022	10.22
Tendring	138,539	15,581	11.25
Uttlesford	68,946	6,647	9.64
Essex	1,310,835	129,236	9.86
Southend-on-Sea	160,257	15,973	9.97
Thurrock	143,128	13,338	9.32

Notes:

a) Source: Table KS08, 2001 Census, ONS. © Crown Copyright, 2002.

b) Provision of unpaid care: looking after, giving help or support to family members, friends, neighbors or others because of long-term physical or mental ill-health or disability or problems relating to old age.

- ⊙ Data indicate that approximately 14,516 people in Colchester provide unpaid care. This accounts for 9.32% of the borough's population.
- ⊙ This means that Colchester has the 2nd lowest percentage of people who provide unpaid care in the Essex area.
- ⊙ Additionally, this also means that Colchester is just below the Essex average of 9.86%.



% Of people who provide unpaid care, 2001

