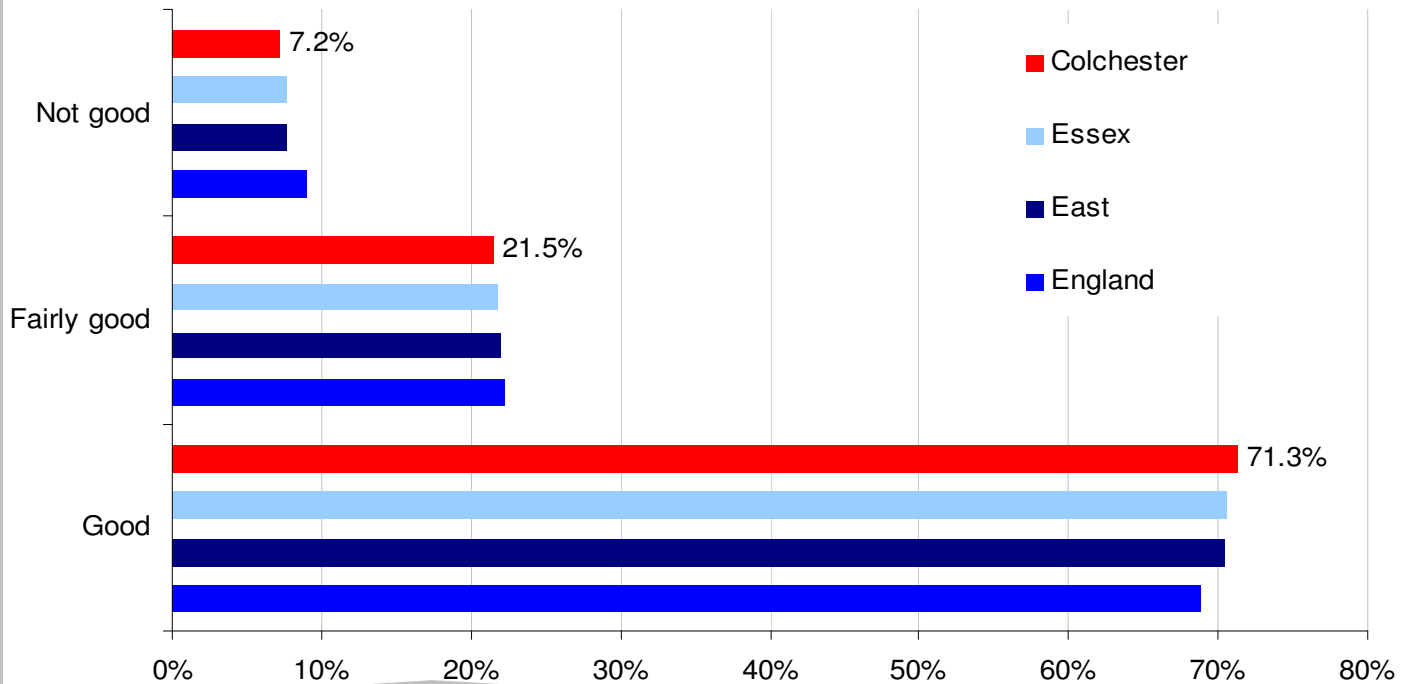




The first release of Census 2011 data was published at the end of 2012. By comparing this with Census 2001 data we are able to see how our borough has changed over the past decade.

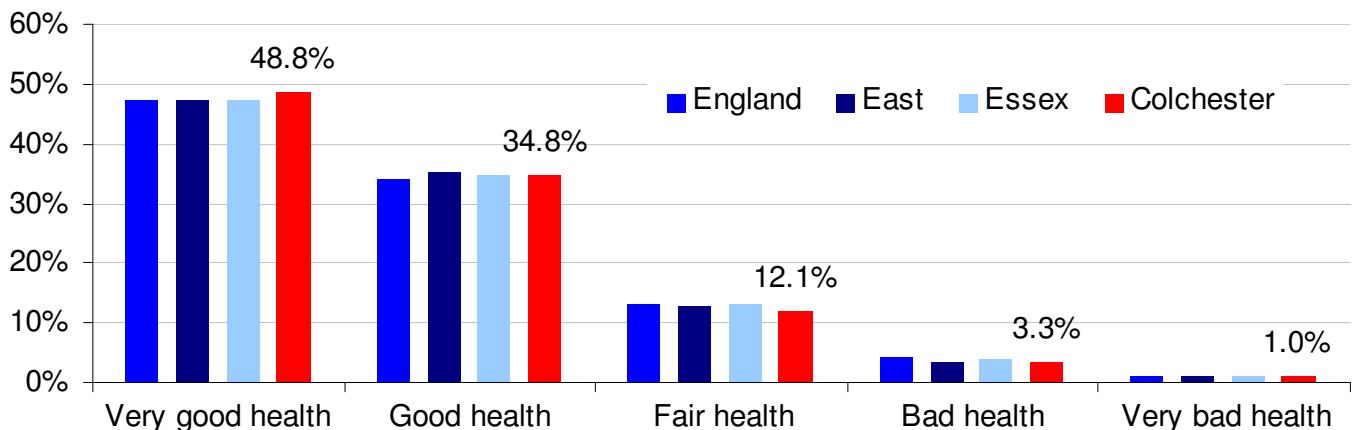
## 1. SELF-ASSESSED HEALTH

**Figure 1:** Self-assessed health of Colchester residents on Census day **2001**, with national, regional and local authority comparators.



In 2001 Colchester had **more people** describing their health as **'good'** than all the other comparators; Colchester had **2.5%** more such people than the average in England. Similarly Colchester had **fewer people** describing their health as **'not good'** when compared to the comparators.

**Figure 2:** Self-assessed health of Colchester residents on Census day **2011**, with national, regional and local authority comparators.

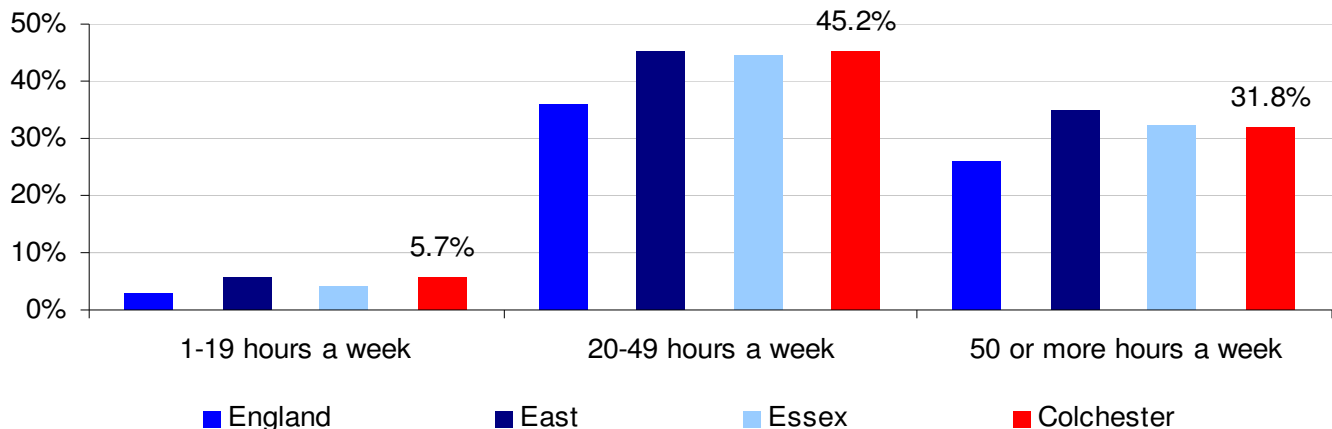


Unfortunately a direct comparison of the 2001 and 2011 Census is not possible because the categories used are different. Despite this it is evident Colchester still has a trend of having **more people** describing themselves as in **'very good health'** and **fewer** in **'bad health'** or **'very bad health'** than the comparators.

## 2. PROVISION OF UNPAID CARE



**Figure 3:** Percentage change in the provision of unpaid care by Colchester residents between 2001 and 2011, with national, regional and local authority comparators.



The number of unpaid carers in Colchester increased by over **2000** between 2001 and 2011. In 2011 they accounted for **9.6%** of the borough's population.

In comparison to the regional and county areas there has not been an unusually high increase in the amount of unpaid care provided in Colchester. However all three categories are **higher** in Colchester than they are nationally.

### NOTES

#### General Health

General health is a self-assessment of a person's general state of health. In 2001 people were asked to assess whether their health was good, fairly good or not good; in 2011 people were asked to assess whether their health was very good, good, fair, bad or very bad. This assessment is not based on a person's health over any specified period of time.

#### Unpaid Care

A person is a provider of unpaid care if they look after or give help or support to family members, friends, neighbours or others because of long-term physical or mental ill health or disability, or problems related to old age. This does not include any activities as part of paid employment.

No distinction is made about whether any care that a person provides is within their own household or outside of the household, so no explicit link can be made about whether the care provided is for a person within the household who has poor general health or a long-term health problem or disability.

### FURTHER INFORMATION

Census day 2001 was carried out on 29th April 2001 and Census day 2011 was carried out on 27th March 2011.

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The information in this report was, as far as is known, correct at the date of publication. Colchester Borough Council cannot accept responsibility for any error or omission.

For further census information in Colchester please visit:

<http://www.colchester.gov.uk/census>

For further information on the 2011 Census please visit:

<http://www.ons.gov.uk/census>

