Castle Park's Summer **Education Programme**



COLCHESTER CASTLE PARK - CO1 1UG HIGH WOODS COUNTRY PARK - CO4 5JR



This passport belongs to:

Letter from Councillor Feltham

Welcome all you young wildlife explorers to our new summer countryside events. I hope you will enjoy finding out about the new and exciting things we have going on in Colchester's parks. We're all very lucky to have access to these beautiful outdoor spaces which are home to thousands of different species of birds, bugs, plants and beasties.

Our new adventure programme is a fun way to create a snapshot of the variety of life that can be found in our area whilst giving you the opportunity to contribute to a real scientific survey. This will help us to find and identify different species of wildlife and insects. The information you help us gather will go towards local and national databases that will monitor our local wildlife. And then we will share that new knowledge so that more people are aware.

Good luck and thank you for helping us discover what Colchester really has to offer our smaller four legged and two winged residents. The more we know the more we can do to protect their habitats.

So what you do will really make a difference.

Discover how the Passport Programme works

Take advantage of our summer programme of events and discover more about plants, bugs, history and the solar system.

Make sure you get your passport stamped by a Park Ranger or Event Leader after every event you attend.

Collect six stamps and exchange your passport for a certificate and a special pin to commemorate the Castle Park's 125th anniversary.

To obtain a certificate and pin, please bring your passprt to either The Ranger Station in Castle Park, or High Woods Visitor Centre.

Children's University learning destinations

Essex Children's University encourages young people to try new and exciting learning experiences outside of the school day.

CU Learners collect stamps in their own Passport to Learning and are working towards a National CU Award, presented at a Children's University Graduation. These events have the CU Learning Destination logo next to them and CU Learners can allocate 1 hour of CU Learning for each activity they attend.

For more information visit: www.essexchildrensuniversity.co.uk



The History Of Castle Park - Guided Tour

Castle Park 2000 years in the making - a guided tour through the ages.

Suitable 8+ | Booking required | FREE

Meet at the Museum Street Entrance

Friday 28 July 6:30pm

Sunday 30 July 2pm

Friday 11 August 6pm

Sunday 13 August 2pm

Sunday 20 August 2pm

Friday 25 August 6:30pm

Sunday 3 September 2pm

Sunday 24 September 2pm

Sunday 1 October 2pm

Sunday 15 October 2pm

For booking details, see p.25



Castle Park Events

Tree Tour

Guided walk covering the wide range of trees found in the park.

Suitable 7+ | Booking required | Free Meet at the Visitor Information Centre Sunday 21 May, 2pm Sunday 2 July, 2pm



Mini Beasts

Why not come and find out about the minibeasts you may find on your doorstep with the Colchester Zoo education team and Castle Park Rangers.

Suitable 5+ | Booking required | Free Meet at Castle Park Ranger Station Saturday 27 May, 1pm Saturday 15 July, 1pm



Bat Walk

Meet the Guide and join the led walk around Castle Park identifying different bats using bat detectors. Please bring a torch.

Suitable 7+ | Booking required | Free Meet at Castle Park Ranger Station Friday 30 June, 8:40pm Thursday 3 August, 8:00pm



Space Talks

Presented by FOCP, join the North Essex Astronomical Society for two space talks.

Suitable 7+ | Booking required | Free Meet at Lower Bowls Green Tour of Solar System Sunday 23 July, 7pm The Moons of the Solar System Sunday 6 August, 7pm





Garden Tour

Join the Head Gardener for a guided walk through the formal gardens at Castle Park. Learn what goes into each season's planting and the

Suitable 7+ | Booking required | Free Meet at Castle Park Ranger Station Wednesday 26 July, 11am Thursday 31 August, 11am



Birds of Castle Park

tasks to maintain them.

Learn to use your ears to ID birds of wthe park; although if you do have binoculars bring them along. Led by 'The Birds of Essex' author Simon Wood.

Suitable 7+ | Booking required | Free Meet at Castle Park Ranger Station Tuesday 6 June, 8am Tuesday 4 July, 8am







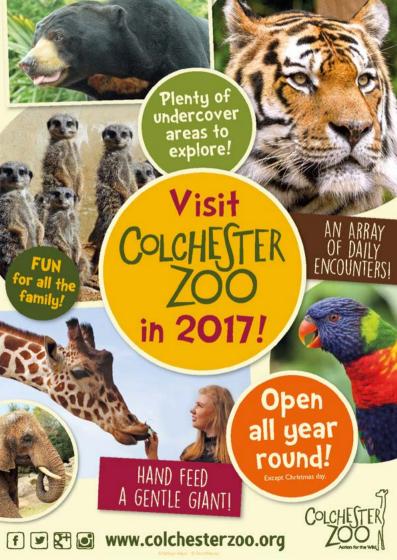
Bees and their homes

Presented by FOCP, join Castle
Parks Bee expert to learn about the
different types of bees in the world
and what we can do to help them.
Suitable 7+ | Booking required | Free
Meet at Castle Park Ranger Station
Saturday 19 August, 2pm









SUPPORT YOUR PARK



BECOME A FRIEND

Enjoy and garden our own bee border

Discount on food bought in the Café in the Park

Help raise money to purchase Park additions

Help to maintain a valued part of

Colchester History



For further information please contact the Honorary Secretary, Friends of Castle Park, c/o Rangers Office, Castle Park, Colchester.

www.friendsofcastlepark.com

f /FriendsOfCastlePark

I wish to join the Friends of Castle Park. Annual membership (April to March). Individual £6.00 | Family £8.00

Please make cheques payable to the "Friends of Castle Park"

| Name(1) |
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| Name(2) |
| Address: |
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| Signature: |

Please send completed form and remittance to the Secretary, Friends of Castle Park, C/O Castle Park Rangers, Colchester Borough Council, Rowan House, 33 Sheepen Road, Colchester, CO3 3WG

START YOUR ADVENTURE...



THROUGH OVER 2000 YEARS OF COLCHESTER'S HISTORY!











FOR SPECIAL EVENTS CHECK OUR WEBSITE

High Woods Events

Wildlife Walks

Want to know what wildlife is living in the parks?

Join the Ranger to discover more. Suitable for all ages | Booking not

required | Free

Saturday 13 May, 2pm

Meet at Lexden Park Car Park

Tuesday 13 June, 7pm

Meet at Westlands Country Park

Sunday 9 July, 2pm

Meet at Lexden Springs



Bird Song and Breakfast

Learn to use your ears to ID birds of the park; although if you do have binoculars bring them along. Led by 'The Birds of Essex' author Simon Wood. Enjoy a bacon or veggie option and a hot drink to finish.



Suitable 8+ | Booking required | £7.30 |

Saturday 20 May, 5:30am



Freshwater Friends

Join the Ranger for an opportunity to pond dip at one of the liveliest times of year in the pond. Afterwards make your own freshwater friend to take home.

Suitable 5+ | Booking required | £4.30 per child

Meet at High Woods Country Park

Visitor Centre

Fishing for Beginners

Wednesday 31 May, 10am

A practical course for beginners to learn the basics of water safety, equipment, bait types and fish species. Let us know in advance if you need to borrow equipment.

Suitable 7+ | Booking required | £6

Meet at High Woods Country Park

Visitor Centre.

Sunday 11th June, 11am



Bushcraft for Beginners

An introduction to basic bushcraft skills including fire lighting, knife skills, wild food, foraging and shelter building. Children under 16 must be accompanied by an adult.

Suitable 8+ | Booking required | £10 per adult, £5 per child

Meet at High Woods Country Park

Visitor Centre

Sunday 18 June, 10am (Adult Session)

Saturday 16 September, 10am



Tree Trail

Join the Ranger for a walk around High Woods and learn about the different trees that can be found and how they are managed.

Suitable for all | Booking not required | Free Meet at High Woods Country Park Visitor Centre Wednesday 26 July, 10am

Amazing Animals

Help the Ranger find signs of animal life in the park on our discovery trail and check the live small mammal traps.

Afterwards get creative and make your own sock animal to take home.

Suitable 5+ | Booking required | £4.30 per child

Meet at High Woods Country Park Visitor Centre | Wednesday 26 July, 10am

Creatures of the Deep

Search the depths of the pond and discover the amazing creatures that live there. Then join the Ranger for a craft session creating your own pond life keepsake.

Suitable 5+ | Booking required | £4.30 per child Meet at High Woods Country Park

Visitor Centre Wednesday 2 August, 10am







Summer Insects and Butterflies

Join Colchester Natural History Society looking for butterfly and day-flying moth species as well as other grassland, heathland and tree insects, dragonflies and damselflies.
Suitable for all | Booking not required | Free
Meet at Hilly Fields Local Nature Reserve

Fairies and Pixies

Saturday 5 August, 10am

Join the Ranger in looking for signs of fairies and pixies in the woods. Build a fairy glade. Create a pixie picnic and discover the wonders of these small magical folk.

Meet at High Woods Country Park
Visitor Centre
Suitable 4+ | Booking required | £4.30
per child

Wednesday 9 August, 10am



Bat Evening

Join the led walk around Lexden Park or High Woods Country Park identifying different bats using bat detectors.

Please bring a torch.

Suitable 4+ | Booking required | £4.30 per adult, Children FREE

Friday 11 August 7:40pm

Lexden Car Park, Church Lane, CO3 3QX

Saturday 19 August, 7:45pm

Meet at High Woods Country Park

Visitor Centre

Dens and Survival

Can you build a den that can stand up to the 'rain shower' test with you inside? Then create a piece of natural art to take home. Wear suitable clothing and sturdy footwear.

Suitable 6+ | Booking required | £4.30 per child | Meet at High Woods Country Park Visitor Centre Wednesday 16 August, 10am



Brilliant Bug Hunt

Explore the woodland and wildflower meadows to discover the bugs, butterflies and other mini beasts living here. Afterwards make your own set of 'Bug-noculars'. Suitable 5+ | Booking required | £4.30 per child Meet at High Woods Country Park Visitor Centre



Wildlife Detectives

Wednesday 23 August, 10am

Try and find out which creatures have left trails and signs around the park. Create your own tracks to take home with you.

Suitable 6+ | Booking required | £4.30 per child Meet at High Woods Country Park Visitor Centre Wednesday 30 August, 10am





The Magical World of Mushrooms

Join fungi expert Sarah Manning on this stroll around High Woods Country Park discovering the fascinatinig mushrooms and toadstools that grow here.

Suitable for all | Booking required | £4.30 per person

Meet at High Woods Country Park

Saturday 14 October 10:30am, 1:30pm

Awesome Autumn Adventure

Visitor Centre

See how many different trees, seeds and leaves you can find on our tree trail and create a beautiful leaf mosaic.

Suitable 4+ | Booking required | £4.30 per child

Meet at High Woods Country Park

Visitor Centre

Wednesday 25 October, 10am

Audio Tours

Take advantage of our audio tours of Castle Park and High Woods. You can download the files at www.colchester.gov.uk/castlepark.

History of Castle Park with Ian Baalham Join Ian as this audio tour will take you on a historical journey of Castle Park.

Café to Café with Ian Baalham and the High Woods Rangers

Join lan and the rangers as they show you how close Castle Park is to Highwoods while discussing the History and wildlife of the two parks.



Educational Walks

If you're looking for an educational activity you can do on your own, our self-guided tours may be just what you're looking for.

You can download the walks at www.colchester.gov.uk/castlepark or pick up a copy at the Visitor Centre at High Woods or Castle Park.

Geology Trail

Find out more about the geology of Colchester during this intriguing trail that takes you through the town centre.

View Finder Trail

Choose between a 5 mile or 10 mile walk that takes you on a creative trail.



Volunteer at Castle Park

Become a Park Ambassador

We're looking for volunteers to join our Park Rangers and Gardeners over the summer months. Tasks will include helping the public, litter picking, reporting any issues in the park and administering surveys.

Are you available on Saturdays or Sundays during May - September?

We have a day shift 11am - 1pm and an afternoon shift 2pm - 4pm.

Get in touch:

Find us at the Ranger Station, behind the Café in the Park

Give us a call 01206 282962 Send us an email parks@colchester.gov.uk



Special Thanks

We'd like to give a warm thanks to all the individuals and groups that have made this Summer Education Programme possible:

James Hannan - NEAS
Education Team - Colchester Zoo
Sarah Laura - Essex Bat Group
Simon Wood - Author, 'The Birds of Essex'
Jon Wright - id verde
Friends of Castle Park
Colchester Tour Guides
Children's University





Booking Information

To book **CASTLE PARK** events: Visit the Rangers Station, Castle Park. Call **01206 282962**

To book **HIGH WOODS COUNTRY PARK** events: Visit the Visitor Information Centre, High Woods. Call **01206 282920**

Notes

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Sketches













