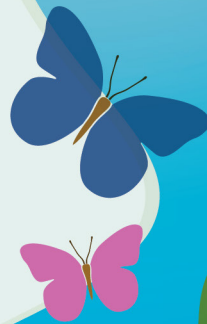


# PARKS & COUNTRYSIDE

Events Programme

April-December 2019



**BOOKING AN ACTIVITY** – To buy tickets for any of our bookable events, please call 01206 282920 or drop into Hollytrees Museum, Castle Park, CO1 1UG. Tickets cannot be purchased at the event.

Key: **F** Family Activity **C** Children Activity **yes** Booking required **no** Booking not required

## APRIL

**WED  
17 APR**

10am - 12pm

### EASTER EGG ROLLING

Join our egg hunt and play Easter themed games. Create your own eggs-traordinary Easter egg and obstacle course. Race your egg down the hill - whose will go furthest?

Suitable for ages 5+ **C** **yes**

£4.40

High Woods Country Park - Meet outside the Visitor Centre

**SAT 20 APR  
SUN 21 APR  
MON 22 APR**

Drop in anytime  
between  
11am - 3pm

### SELF GUIDED EASTER TRAIL

Pick up a map from the Visitor Centre and follow our fun Easter trail. There may be a sweet treat at the end!

**F** **no**

£1

High Woods Country Park - Purchase from the Visitor Centre

**SUN  
28 APR**

11am - 3pm

### FISHING FOR BEGINNERS

A practical course for beginners to learn the basics of water safety, equipment, bait types and fish species. Let us know if you need to borrow equipment.

Suitable for adults and children ages 7+ **F** **yes**

£6

High Woods Country Park - Meet outside the Visitor Centre



# MAY

**WED  
8 MAY**

7pm - 9pm

## BLUEBELL WALK

Join the ranger on a wander through the woods to the park's bluebell hotspots, taking in the sights and smells of this wonderful time of year.

**F** **no**

Free

High Woods Country Park - Meet outside the Visitor Centre

**SAT  
11 MAY**

10.45am - 3pm

## INTRODUCTION TO VOLUNTEERING DAY

Interested in volunteering with the Ranger Team? Apply online at [www.colchester.gov.uk/volunteering](http://www.colchester.gov.uk/volunteering)

**yes**

High Woods Country Park - Report to the Visitor Centre

**SUN  
19 MAY**

Drop in anytime  
between  
10am - 3pm

## POLE LATHE DAY

You are invited to "try your hand" at this traditional craft. Children welcome depending on age/size. You can also have a go at Pyrography for a small fee.

Suitable for children under supervision **F** **no**

Starting at £1

High Woods Country Park - Near the Visitor Centre

**SUN  
26 MAY**

10.30am - 12.30pm

## GOSBECKS ARCHEOLOGICAL PARK WILDLIFE WALK

Join the ranger to discover what wildlife can be seen across the conservation grassland. We should see Skylark singing, Whitethroat, Meadow Pipit and, if we are lucky, Corn Bunting. We will be discovering what other wildlife is using the site at this time of year. Bring any Field Guides, ID books or binoculars, if you have them. Event is weather dependant, please wear appropriate footwear for rough ground.

Suitable for children under supervision **F** **no**

Free

Gosbecks Archeological Park - Gosbeck's car park- off Maldon Road CO3 0SH - TL 966228

**WED  
29 MAY**

10am - 12pm

## BUTTERFLIES AND BEASTIES

Come and join the fun seaching for the little creatures of the park - all things butterfly, bug and mini beast. Includes themed games and making your own clay creature or mini beast hotel to take home.

Suitable for ages 4+ **C** **yes**

£4.40 per child

High Woods Country Park - Meet outside the Visitor Centre



## JUNE

**SAT**  
**1 JUN**

10.30am -  
approx 3.30pm

### **SALARY BROOK WILDLIFE WALK**

Join Colchester Natural History Society to look at plants, birds, insects and any other wildlife on this pleasant walk through the site. There are no facilities on the site, so people will be free to leave as and when they wish. However, the Beehive pub is a mile or so up the valley, on the Bromley Road, for anyone who may wish to stop for lunch and make a full day and a nice circular walk of it. For more information, please call 07770 814282.

**F** **no**

Free

Salary Brook - Near the Scarfe Way parking area, off Avon Way - TM 023 247

**SAT**  
**8 JUN**

Drop in any time  
between  
11am and 3pm

### **SUMMER WILDLIFE TRAIL APP LAUNCH**

High Woods Country Park has its very own interactive 1 mile wildlife trail. All you need to do is download the app onto your phone then you are ready to discover fascinating facts about the wild inhabitants of the park and have a go at the wildlife crazy quiz. If you are unsure how to do this or don't know how to make the most of the trail then there is help at hand from the staff at the visitor centre.

Suitable for all age groups (including adults), but if you are 5yrs or under there is a simplified version available as well (£1). **F** **no**

Free

High Woods Country Park - Meet outside the Visitor Centre

**SUN**  
**9 JUN**

11am - 3pm

### **FISHING FOR BEGINNERS**

A practical course for beginners to learn the basics of water safety, equipment, bait types and fish species. Let us know if you need to borrow equipment.

Suitable for adults and children ages 7+ **F** **yes**

£6

High Woods Country Park - Meet outside the Visitor Centre

## JULY

**SAT**  
**21 JUL**

10.30am - 12.30pm

### **HILLY FIELDS LOCAL NATURE RESERVE SUMMER INSECTS AND BUTTERFLIES WALK**

Join the ranger and Colchester Natural History Society looking for butterfly and day-flying moth species as well as other grassland, heathland and tree insects, dragonflies and damselflies. Bring any Field Guides, ID books or binoculars, if you have them. Event is weather dependant, please wear appropriate footwear for rough ground.

**F** **no**

Free

Hilly Fields Local Nature Reserve - Hilly Fields, Sussex Road entrance, CO3 3QX - TL 984252

**WED**  
**31 JUL**

10am - 12pm

### **DEN AND SURVIVAL GAMES**

Can you build a den that can stand up to the 'rain shower' test with you and your 'tribe' inside? Plus, create a piece of natural art to take home. Wear suitable clothing and sturdy footwear.

Suitable for ages 6+ **C** **yes**

£4.40

High Woods Country Park - Meet outside the Visitor Centre

# AUGUST

**SUN  
4 AUG**

10.30am - 12.30pm

## LEXDEN PARK LOCAL NATURE RESERVE WILDLIFE WALK

Want to know more about the wildlife of this lovely park? The site is small but includes a wildflower meadow, ancient woodland and lake to explore. Join the Ranger to discover more. Bring any Field Guides, ID books or binoculars, if you have them. Event is weather dependant, please wear appropriate footwear for rough ground.

**F** **no**

Free

Lexden Park Local Nature Reserve - Meet Lexden Park car park, off Church Lane CO3 3SZ - TL 971250

**WED  
7 AUG**

10am - 12pm

## FAIRIES AND PIXIES

Join the Ranger in looking for signs of fairies and pixies in the woods. Create a pixie picnic, make a fairy wind chime and discover the wonders of these small magical folk.

**C** **yes**

£4.40

High Woods Country Park - Meet outside the Visitor Centre

**FRI  
9 AUG**

8.20pm - 10.20pm

## BAT EVENING

Meet the Ranger and join the led walk around High Woods Country Park identifying different bats using electronic devices called bat detectors. Usually exceptional sighting of bats are gained over the lake. Please bring a torch.

**F** **yes**

£4.40 per adult, children free

High Woods Country Park - Meet outside the Visitor Centre

**WED  
14 AUG**

10am - 12pm

## AMAZING ANIMALS CHILDREN'S ACTIVITY

Help the Ranger find signs of animal life in the park on our discovery trail and check the live small mammal traps: will we have caught a mouse or a vole? Afterwards get creative and make your own sock animal to take home.

Suitable for ages 4+ **C** **yes**

£4.40 per child

High Woods Country Park - Meet outside the Visitor Centre





**SAT  
17 AUG**

8pm - 10pm

### BAT EVENING

Meet the Ranger and join the led walk around Westland's Country Park identifying different bats using electronic devices called bat detectors. Usually exceptional sighting of bats are gained over the lake. Please bring a torch.

**F** **yes**

£4.40 per adult, children free

Westland's Country Park - Meet at James Carter Road entrance, CO3 9XB

**SAT  
18 AUG**

10.45am - 3pm

### INTRODUCTION TO VOLUNTEERING DAY

Interested in volunteering with the Ranger Team? Apply online at [www.colchester.gov.uk/volunteering](http://www.colchester.gov.uk/volunteering)

**yes**

High Woods Country Park - Report to the Visitor Centre

**WED  
21 AUG**

10.30am - 12.30pm

### WESTLANDS COUNTRY PARK WILDLIFE WALK

Come and see how this site has developed into a wildlife haven; a far cry from its former refuse site beginnings. Join the Ranger to explore the park. Bring any Field Guides, ID books or binoculars, if you have them. Event is weather dependant, please wear appropriate footwear for rough ground.

**F** **no**

Free

Westland's Country Park - Meet Westlands Country Park - James Carter Road entrance. CO3 9XB

**FRI  
23 AUG**

7.45pm - 9.45pm

### BAT EVENING

Meet the Ranger and join the led walk identifying different bats using electronic devices called bat detectors. Usually exceptional sighting of bats are gained over the lake. Please bring a torch.

**F** **yes**

£4.40 per adult, children free

Colchester Cemetery / Bourne Valley - Outside Starlight florist and tea room, Cemetery, Mersea Road, CO2 8RU

**WED  
28 AUG**

10am - 12pm

### STREAM SIDE FUN

Join the Ranger for a walk to the small stream that runs through the park and make your own craft to race down the river.

Suitable for ages 6+ **C** **yes**

£4.40 per child

High Woods Country Park - Meet outside the Visitor Centre

# SEPTEMBER

**SUN  
1 SEP**

Drop in any time  
between  
11am and 3pm

## AUTUMN WILDLIFE TRAIL APP LAUNCH

High Woods Country Park has its very own interactive 1 mile wildlife trail. All you need to do is download the app onto your phone then you are ready to discover fascinating facts about the wild inhabitants of the park and have a go at the wildlife crazy quiz. If you are unsure how to do this or don't know how to make the most of the trail then there is help at hand from the staff at the visitor centre.

Suitable for all age groups including adults. The app is free to download but for those aged 5yrs or under, a simple paper version is available to purchase for £1. **F no**

Free

High Woods Country Park – Visitor Centre

**SUN  
1 SEP**

10.30am - 12.30pm

## LEXDEN SPRINGS LOCAL NATURE RESERVE WILDLIFE WALK

This site is a hidden gem for wildlife. The meadow is fantastic for insects and butterflies and hosts some nationally rare wildflowers. A natural spring rises to form an interesting pond and wet meadow area. Join the Ranger to discover more. Bring any Field Guides, ID books or binoculars, if you have them. Event is weather dependant, please wear appropriate footwear for rough ground.

**F no**

Free

Lexden Springs Local Nature Reserve - field gate entrance off Spring Lane. CO4 3AN - TL 972 252

**SUN  
15 SEP**

Drop in anytime  
between  
10am - 3pm

## POLE LATHE DAY

You are invited to "try your hand" at this traditional craft. Children welcome depending on age/size. You can also have a go at Pyrography for a small fee.

Suitable for children under supervision **F no**

Starting at £1

High Woods Country Park - Near Visitor Centre

**SUN  
28 SEP**

12m - 3pm

## TOGETHER WE GROW APPLE DAY

Apple Day Hosted by Together We Grow community Interest Company, at the Big Garden. It's everything apple! Tasting, games, juicing, smoothies and local producers. All set in the wonderful vibrant community garden and orchard.

**F no**

Charges will apply for some items

High Woods Country Park - The BIG Garden



## OCTOBER

**SAT 26 OCT**  
**SUN 27 OCT**

Drop in any time  
between  
11am and 3pm

### HALLOWEEN SELF-GUIDED TRAIL

Follow the map around the park and try to solve our Halloween puzzle. If you are in fancy dress you will get a sweet treat at the end!

**C** **no**

£1

High Woods Country Park - Meeting point - Visitor Centre

**WED**  
**30 OCT**

10am - 12pm

### BEWITCHING BROOMS

Come for an Autumnal walk in the woods then make your own Witches or Wizards Broom from natural materials.

Suitable for ages 5+ **C** **yes**

£4.40

High Woods Country Park - Meet outside the Visitor Centre

## NOVEMBER

**SAT 2 NOV**  
**SUN 3 NOV**

Drop in any time  
between  
11am and 3pm

### HALLOWEEN SELF-GUIDED TRAIL

Follow the map around the park and try to solve our Halloween puzzle. If you are in fancy dress you will get a sweet treat at the end!

**C** **no**

£1

High Woods Country Park - Meeting point - Visitor Centre

**SAT**  
**9 NOV**

10.30am - 12.30pm

### FANTASTIC FUNGI

Join fungi expert Sarah Manning on this stroll around the woods discovering the fascinating mushrooms and toadstools that grow.

**F** **yes**

£4.40 per adult, children free

High Woods Country Park - Meet outside the Visitor Centre





**SUN  
17 NOV**

10.45am - 3pm

## INTRODUCTION TO VOLUNTEERING DAY

Interested in volunteering with the Ranger Team? Apply online at [www.colchester.gov.uk/volunteering](http://www.colchester.gov.uk/volunteering)

**yes**

High Woods Country Park - Report to the Visitor Centre

**SAT  
23 NOV**

10.30am - 12.30pm

## FANTASTIC FUNGI

Join fungi expert Sarah Manning on this stroll around the woods discovering the fascinating mushrooms and toadstools that grow.

**F** **yes**

£4.40 per adult, children free

High Woods Country Park - Meeting point: Chanterelle Car Park, off Eastwood Drive, located on the East side of High Woods Country Park. Nearest post code CO4 9RY.

# DECEMBER

**FRI  
20 DEC**

10am - 12pm

## WOODLAND WREATH MAKING

Join us in the woods for a morning of fun, making winter wreaths from natural material out in the woodland. OUTDOORS ALL SESSION.

Suitable for ages 4+ **C** **yes**

£4.40

High Woods Country Park - Meet outside the Visitor Centre

# JANUARY

**WED  
1 JAN**

11am - 1pm

## NEW YEAR'S DAY WALK (2020)

Our traditional 3 mile Ranger-led walk through the Park, followed by a cup of mulled wine and mince pie.

**F** **no**

£4.50

High Woods Country Park - Meet outside the Visitor Centre

Key:

**F** Family Activity **yes** Booking required  
**C** Children Activity **no** Booking not required

Children must be accompanied at all events. All tools, materials and equipment will be provided. Events are VAT applicable where appropriate.





# HEALTH WALKS

Health Walks take place at High Woods Country Park and are led by trained Health Walk Leaders. They are an ideal way to improve fitness or mobility in a sociable atmosphere. The walk follows a one mile circuit which can be repeated for those who want to go a bit further. Tea and coffee available afterwards.

Meet at the High Woods Country Park Visitor Centre at 11am for the following walking events:

## FRIDAY HEALTH WALKS

A 1 mile circular walk with the option of repeating the circuit to make it a 2 mile walk.

- 12, 26 April • 10, 24 May • 7, 21 June
- 5, 19 July • 2, 16, 30 August
- 13, 27 September • 11, 25 October
- 8, 22 November

## SUNDAY STROLLS

A 3 mile guided walk through the country park. The route varies allowing you to explore all areas of the park with an experience walk leader.

- 7, 21 April • 5, 19 May
- 2, 16, 30 June • 14, 28 July
- 11, 25 August • 8, 22 September
- 6, 20 October • 3, 17 November
- 1 December



For more information, please call 01206 853588 or email [countryside@colchester.gov.uk](mailto:countryside@colchester.gov.uk)

# CASTLE PARK BANDSTAND CONCERTS 2019

28 April	LightTones
5 May	John Seeley's Jazz and Saxophone Group
12 May	Essex Yeomanry Band
19 May	Harmonie Concert Band
25 May	The Lisa Graham Duo
26 May	Tilbury Band
16 June	Sid Bolan Big Band
23 June	Essex Concert Band
11 August	The Colchester Band
18 August	The Harmonettes
24 August	Colne Endeavour
25 August	Chelmsford Silver Band
1 September	Essex Police Band
8 September	Sweeting Swing Band
15 September	St Peter's Band



[www.colchester.gov.uk/castlepark](http://www.colchester.gov.uk/castlepark)

All concerts are free and run 3-5pm except 23 June which starts at 3.30pm