



Building Resilient Communities

Colchester Zones and Public Health
Enabling Sustainability within Communities

With

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&
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Overview



- Sustainable communities are healthy communities
- Colchester Zones Team - Case studies on working with Communities around sustainability
- Charlton Manor School – case study
- Get involved/share your projects



Colchester Borough Council

Public Health

Sustainable Communities.....



- **Community gardens & allotments**
 - sustainable produce/carbon footprint/biodiversity
- **Conservation**
 - Carbon/biodiversity
- **School and community active travel**
 - carbon emissions
- **Community led street design**
 - carbon emissions/reduction in littering
- **Promoting the sustainability message to communities**



..... are Healthy Communities



There are many reported public health benefits around sustainable communities including:

- Self reported well-being ↑
- % of physically active adults ↑
- Excess weight in 4-5 & 10-11 yr olds ↓
- Respiratory & musculoskeletal disorders/BP ↓
- 5 a day consumption ↑
- Social isolation ↓ & community cohesiveness ↑
- Use of outdoor space for exercise/health ↑
- Perception of street/road safety ↑
- Academic attainment ↑

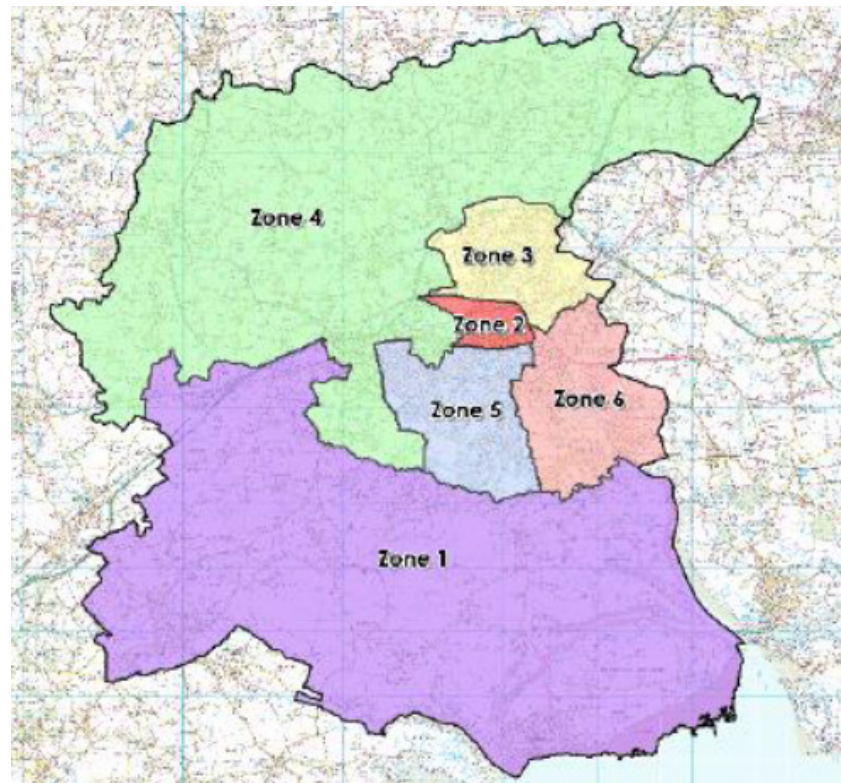


**Case Study - Colchester
Borough Council
Zone Teams**

Colchester Zone Teams



The Colchester Borough is split into 6 Zones, each having its own dedicated team



Colchester Zone Team



The zones teams in
Colchester deal with a
number of issues relating to
our environment

Colchester Zone Team Enforcement



Dog Fouling



Littering



Colchester Zone Team



Graffiti



Colchester Zone Team



Fly tipping



Colchester Zone Team



Abandoned Vehicles



Colchester Zone Team

Recycling



Keep recycling – kerbside collections 2016/17

Go online

- Visit www.colchester.gov.uk/recycling for more help to reduce waste and recycle. Find this Calendar, container stockists, buy garden bags.
- Unwanted sofa, TV, other furniture, electricals, toys and more at home? Book a bulky items pick up www.colchester.gov.uk/specialcollection
- Keep up to date. Register at www.colchester.gov.uk/e-news for GreenLiving e-news, follow @YourColchester and EnjoyColchester.

YOUR LOCAL WASTE RECYCLERS 28 YEARS' EXPERIENCE

1. TELL US YOUR REQUIREMENTS.
2. CHOOSE THE DAY AND TIME.
3. WE CAN TEXT YOU BEFORE WE ARRIVE.

CALL FOR A QUOTE TODAY! 01206 307070

WWW.EWDRECYCLING.CO.UK

SKIP HIRE • TIPPER HIRE • AGGREGATE SUPPLY • READY MIX CONCRETE

Place your recycling and rubbish visible on your property boundary by 7am

8 November to 17 March up to 8 garden sacks

No changes to Christmas and New Year pick ups

Please keep recycling during the festive period. All collections are due to take place on your normal day.

Find out what your local area has to offer! Local events, information, online skills sessions and key contacts at www.colchester.gov.uk/mycommunity

Recycling containers

Clear bags – free
Recycling box – free
Food waste bins – free
Food waste bags – £1 RRP
Garden sack – £3.70

Collect all containers from local stockists, listed online. Garden bags also for sale online.

Scan me with your QR code reader



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Blue week

- Cooked and uncooked food waste
- Paper, card and cardboard in clear bags
- Glass, cans, foil and aerosol cans in recycling box
- Clothes and shoes in separate clear bags to paper

Green week

- Cooked and uncooked food waste
- Mixed plastics in clear bags
Crush bottles
No polystyrene
- Garden waste in up to 4 garden sacks

April 2016	May 2016	June 2016	July 2016
M T W T F S S	M T W T F S S	M T W T F S S	M T W T F S S
4 5 6 7 8 9 10	2 3 4 5 6 7 8	6 7 8 9 10 11 12	4 5 6 7 8 9 10
11 12 13 14 15 16 17	9 10 11 12 13 14 15	13 14 15 16 17 18 19	11 12 13 14 15 16 17
18 19 20 21 22 23 24	16 17 18 19 20 21 22	20 21 22 23 24 25 26	18 19 20 21 22 23 24
25 26 27 28 29 30	23 24 25 26 27 28 29	27 28 29 30	25 26 27 28 29 30 31
30 31	30 31		
August 2016	September 2016	October 2016	November 2016
M T W T F S S	M T W T F S S	M T W T F S S	M T W T F S S
1 2 3 4 5 6 7	1 2 3 4	1 2	1 2 3 4 5 6
8 9 10 11 12 13 14	5 6 7 8 9 10 11	3 4 5 6 7 8 9	7 8 9 10 11 12 13
15 16 17 18 19 20 21	12 13 14 15 16 17 18	10 11 12 13 14 15 16	14 15 16 17 18 19 20
22 23 24 25 26 27 28	19 20 21 22 23 24 25	17 18 19 20 21 22 23	21 22 23 24 25 26 27
29 30 31	26 27 28 29 30	24 25 26 27 28 29 30	28 29 30
		31	
December 2016	January 2017	February 2017	March 2017
M T W T F S S	M T W T F S S	M T W T F S S	M T W T F S S
1 2 3 4	1	1 2 3 4 5	1 2 3 4 5
5 6 7 8 9 10 11	2 3 4 5 6 7 8	6 7 8 9 10 11 12	6 7 8 9 10 11 12
12 13 14 15 16 17 18	9 10 11 12 13 14 15	13 14 15 16 17 18 19	13 14 15 16 17 18 19
19 20 21 22 23 24 25	16 17 18 19 20 21 22	20 21 22 23 24 25 26	20 21 22 23 24 25 26
26 27 28 29 30 31	23 24 25 26 27 28 29	27 28	27 28 29 30 31
	30 31		

Colchester Zone Team



**The zones teams in
Colchester also regularly
engage with the local
community**

Colchester Zone Team Community Engagement



The 3 R's

REDUCE

REUSE

RECYCLE



Colchester Zone Team Community Engagement



Junior Wardens



Colchester Zone Team Community Engagement Community Allotments



Colchester Zone Team Community Engagement



Vulnerable Visits



Case Studies



Case Study - Charlton Manor School

- Secret Garden
- Bees/Chickens
- Community Garden
- Community Café
- Teaching Kitchen

Charlton Manor



How can you get involved?



- Contact us to find out more or go to <http://www.colchester.gov.uk/mycommunity>
- Tell us about your community projects
- Work with us to build community resilience

Contact Information



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