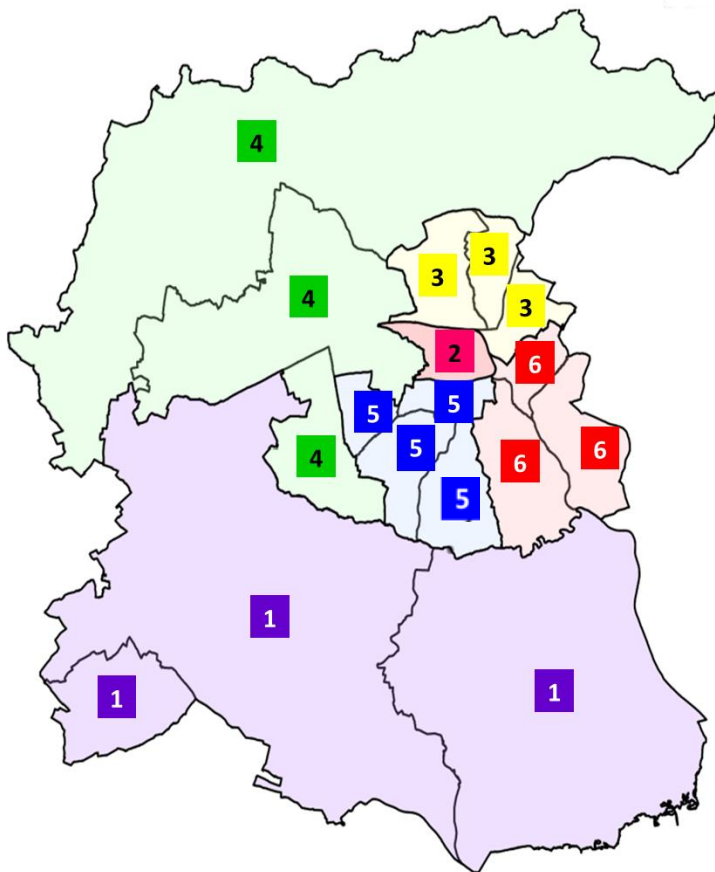
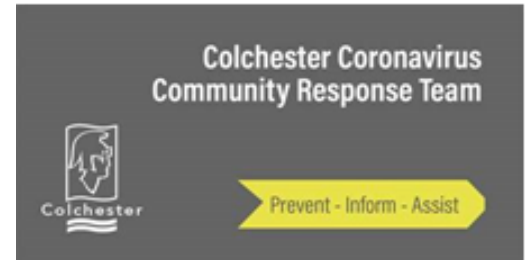


Colchester Borough Residents Contacts Pack

Responding to Community Enquiries Regarding Coronavirus



Neighbourhood Key:	
1	Marks Tey and Layer, Mersea and Pyfleet, and Tiptree
2	Town Centre / Castle Ward
3	Highwoods, Mile End, and St John's and St Anne's
4	Stanway, Lexden and Braiswick, and Rural North
5	Berechurch, New Town and Christ Church, Prettygate and Shrub End
6	Wivenhoe, Old Heath and The Hythe, and Greenstead

Last updated April 2021 RB

This guide provides information on what help and support is available in your local area.

CBC are not affiliated nor associated with anyone, or any group within this document. We are providing this as further assistance to you during the COVID-19 situation.

Areas are split via Neighbourhoods as per map and at the end of the document you will find a section for Colchester Boroughwide information.

Colchester Borough Residents Contacts Pack

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Neighbourhood 1 (Marks Tey & Layer, Mersea & Pyfleet and Tiptree)

Important Contacts	
COMMUNITY RESPONSE TEAM CONTACTS	Yovone Cook Yovone.Cook@colchester.gov.uk 07976 794786
NEIGHBOURHOOD MANAGER CONTACT	Andy Williams 07950 862979 For additional information in regards to Neighbourhood 1 visit this link and to find out more about your Neighbourhood Team visit this link .
DIGITAL ACCESS SUPPORT TEAM	<p>For support on how to get online the team are offering over the phone and virtual 1-2-1s to assist people to communicate with friends and family using the devices they have as well as assisting people with online purchasing and using the NHS app to manage medicines, prescriptions and pharmacies, as well as any other digital or online queries you have.</p> <p>This service is bespoke to individual digital and technical needs.</p> <p>Call: 01206 282452</p> <p>Email: Digital.AccessSupport@Colchester.gov.uk</p> <p>Web: https://www.colchester.gov.uk/digitalaccesssupport/</p> <p>Facebook: https://www.facebook.com/NorthEssexDigitalAccessSupportTeam</p> <p>Instagram: https://www.instagram.com/northessexdigitalaccesssupport/</p> <p>Twitter: https://twitter.com/DigitalAccessNE</p>

Colchester Borough Residents Contacts Pack

Ward Councillors	
Marks Tey and Layer	
Name:	Kevin Bentley
Contact No:	01206 382405
Email:	cllr.kevin.bentley@colchester.gov.uk
Name:	Andrew Ellis
Contact No:	01206 735166 / 07768 986611
Email:	cllr.andrew.ellis@colchester.gov.uk
Name:	Jackie MacLean
Contact No:	01206 212128
Email:	cllr.jackie.macleam@colchester.gov.uk
Mersea and Pyefleet	
Name:	Robert Davidson
Contact No:	07973 760344
Email:	cllr.robert.davidson@colchester.gov.uk
Name:	John Jowers
Contact No:	01206 382975
Email:	cllr.john.jowers@colchester.gov.uk
Name:	Patricia Moore
Contact No:	01206 385361
Email:	cllr.patricia.moore@colchester.gov.uk
Tiptree	
Name:	Barbara Wood
Contact No:	07375 928972
Email:	cllr.barbara.wood@colchester.gov.uk
Name:	Derek Loveland
Contact No:	07786 321749
Email:	cllr.derek.loveland@colchester.gov.uk
Name:	John Elliott

Colchester Borough Residents Contacts Pack

Contact No:	01621 817234
Email:	cllr.john.elliott@colchester.gov.uk
Parish Councils	
Abberton and Langenhoe	
Clerk:	Carolyn McSweeney
Contact No:	07396 331678
Email:	Parishclerk.al@hotmail.com
Birch	
Clerk:	Mrs E Bowtle
Contact No:	01206 330388
Email:	birchparishclerk@aol.com
Copford with Easthorpe	
Clerk:	Kate Palmer
Contact No:	07939 597176
Email:	copfordwitheasthorpepc@gmail.com
East Mersea	
Clerk:	Sue Pullen
Contact No:	01206 735367
Email:	pullenrosesue@yahoo.co.uk
Fingringhoe	
Clerk:	Mrs R Harvey
Contact No:	01206 729321
Email:	fingringhoepc@btinternet.com
Layer Breton	
Clerk:	Chris Beesley
Contact No:	01206 332904
Email:	layerbretonparishclerk@hotmail.co.uk
Layer de la Haye	
Clerk:	Grahame Walkinshaw

Colchester Borough Residents Contacts Pack

Contact No:	01206 734657
Email:	layerclerk@hotmail.com
Layer Marney	
Clerk:	Elsie Chapman
Contact No:	01206 330887
Email:	layermarneyparishclerk@btinternet.com
Marks Tey	
Clerk:	Gemma Humphries
Contact No:	01206 213250
Email:	parish.clerk@marksteyparish.org.uk/
Messing	
Clerk:	Fraser Ward
Contact No:	07928 055 604
Email:	messingandinworthparishclerk@gmail.com
Tiptree	
Name:	Rob Williams
Contact No:	01621 817 030
Email:	Clerk@Tiptreeparishcouncil.gov.uk
West Mersea	
Clerk:	Petra Palfreyman
Contact No:	01206 382128
Email:	info@westmersea.org
Winstred Hundred	
Clerk:	Sue Pullen
Contact No:	01206 735367
Email:	susiepullen@btinternet.com/

Colchester Borough Residents Contacts Pack

Community Groups & Volunteer Information <i>All information is correct as of April 2021 unless stated otherwise</i>		
Organisation	Support &/or What's Available	Contact Details
Birch Village Facebook Community group	This is a community run group where people can join discussions, ask for advice, provide information, and share local events.	This is a public Facebook group.
Copford and East Thorpe Parish Council	They have a Volunteer Response Scheme in place for residents needing support and volunteers who wish to help. They offer help with collecting food, prescriptions, help with the garden and befriending service. Complete a form on their website if you require help or would like to volunteer.	Call: 07939 597176 Email: copfordwitheasthorpepc@gmail.com Web: https://www.copfordwitheasthorpeparishcouncil.co.uk/covid-19-community-response/
Easthorpe, Copford & surrounding areas Facebook group	This is a community run group where people can join discussions, ask for advice, provide information, and share local events.	This is a private Facebook group which you must join to access content.
Layer Parish Council	Layer Parish Council can be contacted by local residents if they have any concerns about the virus, especially if they are self-isolating.	Contact Ann Hughes by email or visit the website below for more information. Email: mrmushroom@keme.co.uk Web: https://layerdelahayepc.com/parish-council/
Marks Tey Parish Council	Offering assistance to those residents who may need prescriptions and shopping collected. They are also offering a befriending service.	Call: Councillor Maureen Callen on 07928 810404 or Kate Evans on 07850 695154. This is a public Facebook group.
Mersea Island Coronavirus Community Support Group	Organised by West Mersea Town Council, this is a community run group where people can join discussions, ask for advice, provide information, and share local events.	This is a public Facebook group.

Colchester Borough Residents Contacts Pack

Secret Layer Facebook Group	This is a community run group where people can join discussions, ask for advice, provide information, and share local events.	This is a public Facebook group.
St Luke's Volunteers: Church Group of Volunteers	This is a group of volunteers that can help pick up prescriptions and shopping, as well as any other support (as of May 2020).	Call: St Luke's Church on 01206 598234 option 1 Email: hannah@stlukescolchester.org.uk
Tiptree Good Neighbours Private Facebook Group	This group is designed to offer a helping hand to Tiptree residents who may find themselves in need.	This is a private Facebook group which you must join to access content.

Colchester Borough Residents Contacts Pack

Shop Information

All information is correct as of April 2021 unless stated otherwise

Organisation	Contact Details	Support &/or What's Available
An Ethical Life	Email: ZeroWaste@AnEthicalLife.co.uk Web: https://www.anethicallife.co.uk/ Facebook An Ethical Life - Home Facebook	Delivering shopping to all CO post codes, they offer a multi-range of products not only food for you or your pet but also personal hygiene items. Please visit their website to see the full range of products available for delivery and collection from their shops.
Blackwell's Farm Shop	Call: 01376 562500 Email: orders@blackwellsfarmproduce.co.uk Web: https://www.blackwellsfarmproduce.co.uk This is a public Facebook group.	Delivering general groceries, meat and dairy around Colchester with a £50 minimum order for delivery. Please visit their website to see the full range of products available.

Food Information

All information is correct as of April 2021 unless stated otherwise

Organisation	Contact Details	Support &/or What's Available
Bungalow Diner	Address: 45 London Road, Marks Tey, CO6 1DY Call: 01206 210972 or 07930368019 Web: http://www.bungalowdiner.co.uk/	Bungalow Diner are offering takeaway. For their menu look on their website.
Charley Lewis Fresh Produce	Address: Gainsborough Close, West Mersea, CO5 8PR Call: 07738 229290 This is a public Facebook group.	Are delivering mixed boxes of fresh produce with a £10 minimum order and free delivery. (As of January 2021)
China Kitchen	Address: 13 High Street, West Mersea, CO5 8QD Call: 01206 386363	Chinese takeaway.
Mersea Barns	Address: East Road, East Mersea, Colchester CO5 8TQ Call: 01206 384198 Email: info@merseabarns.com	Offering essential food items as well as collection of ready-to-cook meals, meat and vegetable boxes.

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	Web: https://www.merseabarns.com/	
Mersea Island Fish Bar	Address: 37 High Street, West Mersea, CO5 8QA Call: 01206 381999 Web: https://www.merseaislandfishbar.co.uk/	Fish and chips delivery and collection.
Nupur	Address: 37 Kingland Road, West Mersea, CO5 8RA Call: 01206 384823 or 01206 383090 Web: http://nupur.org.uk/	Indian, pizza, chicken and chips, delivery and collection.
Picketts Farm	Address: Church Road, Fingringhoe, CO5 7BL Call: 07966 138647 Web: https://www.pickettsfarm.co.uk/	They are offering a delivery service of fresh produce directly to your doorstep.
Richard Haward's Oysters	Address: 129 Coast Road, West Mersea, Essex, CO5 8PA Call: 07912 582029 Web: https://richardhawardsoysters.shop/ Email: richardhawardsoysters@gmail.com	Delivery of native and rock oysters, clams, and drinks
The Company Shed	Address: 129 Coast Road, West Mersea, CO5 8PA Call: 01206 382700 Email: Thecompanyshed@yahoo.co.uk Web: http://www.thecompanyshed.co/	Offering a variety of fresh uncooked and cooked dishes for collection and delivery.
The Deck – Mersea Seafood Co.	Call: 07835 533675 Email: merseaseafoodcompany@gmail.com	Delivery of fresh fish.
Tiptree Food Bank	Email: thurstableteamadmin@btinternet.com	This is a small food bank who can provide food parcels to anyone in financial difficulty in Tiptree, Tolleshunt Knights, Messing, Inworth and Great Braxted. They are willing to take referrals from any public service. No voucher is required.
Tiptree Meals	Call: 01621 816963 Email: info@tiptree-meals.co.uk Web: https://www.tiptree-meals.co.uk/	Offering delivery of hot and frozen meals to the elderly. For their menu look on their website.
Tiptree Patisserie	Address: Tiptree Patisserie, The Olympic Building, Crittall Road Witham, CM8 3DR Call: 01376 509101	Offering a home delivery or collection service. For their menu look on their website.

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	Email: tiptreepatisserie@tiptree.com Web: https://www.tiptreecakes.com/	
Titash	Address: 408 High Street West Mersea CO5 8QA Call: 01206 381778 Web: https://www.titashrestaurant.co.uk/	Indian takeaway, delivery and collection options available.
Unique Fish and Kebab Bar	Address: 10-12 Church Road, West Mersea, CO5 8QH Call: 01206 386773	Fish, chips and kebabs for collection only.

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Neighbourhood 2 (Town Centre / Castle Ward)

Important Contacts		
COMMUNITY RESPONSE TEAM	Yovone Cook Yovone.Cook@colchester.gov.uk 07976 794786	
NEIGHBOURHOOD MANAGER	Sam Lancaster 07770 365331	For additional information in regards to Neighbourhood 2 visit this link and to find out more about your Neighbourhood Team visit this link .
DIGITAL ACCESS SUPPORT TEAM	<p>For support on how to get online the team are offering over the phone and virtual 1-2-1s to assist people to communicate with friends and family using the devices they have as well as assisting people with online purchasing and using the NHS app to manage medicines, prescriptions and pharmacies, as well as any other digital or online queries you have.</p> <p>This service is bespoke to individual digital and technical needs.</p> <p>Call: 01206 282452</p> <p>Email: Digital.AccessSupport@Colchester.gov.uk</p> <p>Web: https://www.colchester.gov.uk/digitalaccesssupport/</p> <p>Facebook: https://www.facebook.com/NorthEssexDigitalAccessSupportTeam</p> <p>Instagram: https://www.instagram.com/northessexdigitalaccesssupport/</p> <p>Twitter: https://twitter.com/DigitalAccessNE</p>	

Colchester Borough Residents Contacts Pack

Ward Councillors

Castle	
Name:	Nick Barlow
Contact No:	01206 570753/07981 986375
Email:	cllr.nick.barlow@colchester.gov.uk
Name:	Simon Crow
Contact No:	07870 154554
Email:	cllr.simon.crow@colchester.gov.uk
Name:	Mark Goacher
Contact No:	07504 252323
Email:	cllr.mark.goacher@colchester.gov.uk

Community Groups & Volunteer's Information

All information is correct as of April 2021 unless stated otherwise

Organisation	Support &/or What's Available	Contact Details
St James the Great Church Volunteers	The community of St. James the Great have a small team of volunteers including a safeguarding officer. They can help with shopping online and medicine delivery (as of May 2020).	Call Father James McCluskey: 01206 860419 Email: officestjamescolchester@btinternet.com
St Peters Church	Offering chats to those who need to talk over Zoom and via phone calls. They also have a small team of volunteers who may be able to help with practical needs such as shopping for essentials or picking up prescriptions within the immediate area. They are also registered with the Foodbank. For more information please look at their website.	Website: www.stpeterscolchester.org/ This is a public Facebook group.

Colchester Borough Residents Contacts Pack

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Colchester Borough Residents Contacts Pack

Shop Information

All information is correct as of April 2021 unless stated otherwise

Organisation	Contact Details	Support &/or What's Available
Baltic Fine Foods	Address: 11 East Hill, Colchester CO1 2QL	Offering fine gourmet ingredients
Choice Foods Colchester	Address: 37 St Botolph's St, Colchester, CO2 7DU Call: 01206 766182 Web: https://choicefoodscolchester.co.uk/	Offering African, Caribbean & Asian popular Foods You can shop online and pay in store. You can also text your order. Open Monday to Saturday 10am to 7pm.
Continental supermarket	Address: 14 Crouch St, Colchester CO3 3ES Call: 01206 763458	The Continental Supermarket in Colchester is set up as a continental convenience store.
Day Lewis Pharmacy	Address: 77 Crouch St, Colchester CO3 3EZ Call: 01206 541203 Web: https://www.daylewis.co.uk/	Offering pharmacy services, collect prescriptions and medication.
Feng Huang Asian Grocery Shop	Address: 6 Queen Street, Colchester CO1 2PJ Call: 01206 549029	Asian Grocery Shop which sells exotic groceries of China, Korea, Thailand, Philippines, Japan, Malaysia, Vietnam, and Indonesia.
Guntons, Crouch Street	Address: 81-83, Crouch St, Colchester CO3 3EZ Call: 01206 572200 Website: https://www.guntons.co.uk/	Traditional family grocers and coffee roasters who are offering a collection and delivery service in the CO3 area by telephone between 9am to 12am Monday to Friday. Open Monday to Friday 9am to 2pm & Saturday 9am to 4pm closed on Sunday.
iChina Chinese Supermarket	Address: 96 High Street, Colchester CO1 1LE Call: 01206 765320	This is a Chinese supermarket; they sell a variety of Chinese and Asian products.
May May Oriental Supermarket	Address: 30 St Botolph's St, Colchester, CO2 7EA Call: 01206 769668	Offering a variety of oriental food, open Monday to Saturday 9am to 5pm & Sunday 10am to 4pm.
Noor Supermarket	Address: 17-19 Priory Walk, Colchester CO1 1LG	Halal butchers' shop

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	Call: 01206 520879	
Osbourne Convenience Store	Address: 37 Osborne Street, CO2 7DB Call: 01206 370664 This is a public Facebook group.	Are offering a delivery service for general groceries.
Polski Sklep Food Basket-Deli Shop	Address: 29 Priory Walk, Colchester CO1 1LG Call: 01206 767546 This is a public Facebook group	This is a Polish deli supermarket.
Queen Street Continental Supermarket	Address: 38 Queen Street, CO1 2PL Call: 01206 765119	Sell a wide range of Eastern European, Persian and Middle Eastern foods as well as many of your daily essentials.
Sam's Convenience Store	Address: 43 St. John's street CO2 7AD Call: 01206 760171	Selling various food, Wine, Spirits, Beers, Soft drinks and cigarettes.
SPAR	Address: 121 High St, Colchester CO1 1SZ Call: 01206 367460 Website: https://www.spar.co.uk/store-locator/afb14727-spar-colchester	Shop is open to visit Monday to Sunday 7am to 11pm. This store does deliver items via Deliveroo please visit their website for more details.

Food Information

All information is correct as of April 2021 unless stated otherwise

Delivery may be offered via [Deliveroo](#), [Just Eat](#) or [UberEATS](#), please check all websites for accurate information:
Deliveroo: <https://deliveroo.co.uk/> Just Eat: <https://www.just-eat.co.uk/> UberEATS: <https://www.ubereats.com/qb>

Organisation	Contact Details	Support &/or What's Available
Na Ree Thai	Address: 10 North Hill, Colchester CO1 1DZ Call: 01206 560633 Web: www.nakathai.com	Offering Thai cuisine for delivery and collection. To view the menu and order visit their website or Deliveroo.
Acropolis	Address: Osborne St, Colchester CO2 7DP Call: 07594 649444	Offering a wide selection of Greek food for collection or delivery, to view the

Colchester Borough Residents Contacts Pack

		menu and order visit Deliveroo or call to arrange collection.
Bon Appetit	Address: 29a Crouch St, Colchester CO3 3EN Call: 07476 000086	Café and sandwich bar offering delivery, to view the menu and order visit UberEATS.
Chicago's	Address: 8 Eld Ln, Colchester CO1 1LS Call: 01206 767984	Café and sandwich bar offering collection and delivery, to visit their menu and order go to Deliveroo or Just Eat call to arrange collection.
Dough and Co	Address: 48 St John's Street, Colchester CO2 7AD Call: 01206 548331 Web: https://doughandcopizza.co.uk/	Offering a takeaway and delivery service for pizzas and pasta. For their menu and delivery options look on their website.
Dr Chippy	Address: 3 St Botolph's Street, Colchester, CO2 7DX Call: 01206 369990	Are delivering food via Deliveroo or Just Eat where you will find a full menu of what they have on offer.
Fais Noodle	Address: 27 St Botolph's Street, Colchester CO2 7EA Web: http://www.fais-noodle-bar.co.uk/	Are delivering food via Deliveroo where you will find a full menu of what they have on offer.
Feast	Address: 32 North Hill, Colchester CO1 1QR Call: 01206 562922 Web: www.feastcolchester.co.uk/	Offering hot and cold breakfast and lunch food, drinks, crisps and more for collection and delivery. To view the menu and order visit their website.
Istanbul Delight	Address: 9 St Botolph's St, Colchester CO2 7DU Call: 01206 579251	To view the menu and order visit Deliveroo or Just Eat. Or call to arrange collection.
Maharani Tandoori	Address: 102 High St, Colchester CO1 1TH Call: 01206 367800	Offering Indian and Tandoori dishes for Collection and delivery service through their website and Just Eat there is a £2 fee for orders that are delivered.
Miseria e Nobiltá Ristorante Italiano	Address: 11 Queen Street, Colchester CO1 2PG Call: 01296 760757 Web: https://www.miseriaenobilta.co.uk/	For free delivery in Colchester there is a minimum spend of £10 required. For their menu look at their website.
North Hill Noodle Bar	Address: 2 North Hill, CO1 1DZ Call: 01206 368889 Web: https://www.northhillnoodlebar.co.uk/	All food deliveries are to be ordered through Deliveroo or ring ahead to collect

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		from the restaurant. For their menu look at their website.
Piccollo	Address: 42 North Hill, Colchester CO1 1PY Call: 01206 547519 Facebook page: https://www.facebook.com/42northhill/	Offering delivery service through Just Eat, you can view the menu and order.
Quality Diner	Address: 49 St Botolph's Street, Colchester CO2 7EB Call: 01206 544413 Web: https://qualitydinercolchester.com/	Offering a range of Mediterranean and soul food for takeaway and delivery. For their menu look on their website.
Freash Shawarma	Address: 11 St Botolph's St, Colchester CO2 7DU Call: 01206 974543	To view their menu and order visit Deliveroo or Just Eat. Or call the to arrange collection.
Southern Fried Chicken	Address: 37A St Botolph's St, Colchester CO2 7EA Call: 01206 769181	To view their menu and order visit Deliveroo or Just Eat.
The Nourish Co	Address: 23 Crouch Street, Colchester CO3 3EN Web: www.thenourishco.co.uk	The Nourish Co have takeaway nights, offering freshly cooked plant-based meals which are ready to eat after collection from the Crouch Street premises. For their menu look on their website.
Triple Two	Address: 14 - 16 Long Wyre St, Colchester CO1 1LH Call: 01206 768463 Web: https://tripletwocoffee.com/	Offering coffee, gluten free food, vegetarian food, alcohol and more for collection or delivery, to order and view their menu visit their website or Deliveroo.
Wild and Spirit	Address: 21-23 Eld Ln, Colchester CO1 1LS Web: https://deliveroo.co.uk/menu/colchester/colchester/wild-at-spirit	Offering Breakfast, Burgers, Jacket Potatoes, Sandwiches, Toastie, Wraps & more. Delivery only to view their menu and order visit Deliveroo.
Yummy Grill	Address: 120 High St, Colchester CO1 1SZ Call: 01206 617250	Food can be order through Deliveroo and Just Eat.

Colchester Borough Residents Contacts Pack

Other Information

All information is correct as of April 2021 unless stated otherwise

Organisation	Contact Details	Support &/or What's Available
Beacon House	<p>Address: 24 Crouch Street, Colchester CO3 3ES</p> <p>Call: 01206 761960</p> <p>Email: office@beaconhouseministries.org.uk</p> <p>Web: https://beaconhouseministries.org.uk/</p> <p>This is a public Facebook group.</p>	<p>Are a charity that supports homeless people and is mainly for those that are still on the streets.</p> <p>They are providing medical care, hot drinks, hot lunch, and in partnership with Colchester Soup Run, sandwiches to take away for the evening, alongside working to secure accommodation if needed.</p>
Open Door	<p>Call: 07934 907998</p> <p>Email: hello@opendoorcolchester.co.uk</p> <p>Web: https://www.opendoorcolchester.co.uk/</p>	<p>Support for homeless people.</p>

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Neighbourhood 3

(Mile End, Highwoods, and St John's & St Anne's)

Important Contacts		
COMMUNITY RESPONSE TEAM	Siobhan McLeod Siobhan.Mcleod@colchester.gov.uk 07966 240457	
NEIGHBOURHOOD MANAGER	Aaron Hunter 07940 021042	For additional information in regards to Neighbourhood 3 visit this link and to find out more about your Neighbourhood Team visit this link .
DIGITAL ACCESS SUPPORT TEAM	<p>For support on how to get online the team are offering over the phone and virtual 1-2-1s to assist people to communicate with friends and family using the devices they have as well as assisting people with online purchasing and using the NHS app to manage medicines, prescriptions and pharmacies, as well as any other digital or online queries you have.</p> <p>This service is bespoke to individual digital and technical needs.</p> <p>Call: 01206 282452</p> <p>Email: Digital.AccessSupport@Colchester.gov.uk</p> <p>Web: https://www.colchester.gov.uk/digitalaccesssupport/</p> <p>Facebook: https://www.facebook.com/NorthEssexDigitalAccessSupportTeam</p> <p>Instagram: https://www.instagram.com/northessexdigitalaccesssupport/</p> <p>Twitter: https://twitter.com/DigitalAccessNE</p>	

Colchester Borough Residents Contacts Pack

Ward Councillors	
Mile End	
Name:	Phil Coleman
Contact No:	07808 530587
Email:	cllr.phil.coleman@colchester.gov.uk
Name:	Martin Goss
Contact No:	07912 396335
Email:	cllr.martin.goss@colchester.gov.uk
Name:	David King
Contact No:	07738 522641 / 01206 852373
Email:	cllr.david.king@colchester.gov.uk
St Anne's and St John's	
Name:	Helen Chuah
Contact No:	01206 865864
Email:	cllr.helen.chuah@colchester.gov.uk
Name:	Chris Hayter
Contact No:	07817 000710
Email:	cllr.chris.hayter@colchester.gov.uk
Name:	Mike Hogg
Contact No:	01206 865864
Email:	cllr.mike.hogg@colchester.gov.uk
Highwoods	
Name:	Beverley Oxford
Contact No:	01206 845545
Email:	cllr.beverley.oxford@colchester.gov.uk
Name:	Gerard Oxford
Contact No:	01206 845545

Colchester Borough Residents Contacts Pack

Email:	cllr.gerard.oxford@colchester.gov.uk
Name:	Philip Oxford
Contact No:	07585 552801
Email:	cllr.philip.oxford@colchester.gov.uk
Parish Councils	
Myland	
Clerk:	Katherine Kane
Contact No:	01206 853400
Email:	clerk@mylandcommunitycouncil.gov.uk

Community Groups & Volunteer's Information		
<i>All information is correct as of February 2021 unless stated otherwise</i>		
Organisation	Support &/or What's Available	Contact Details
Chesterwell Community Hub	This is a group intended for residents of the Chesterwell community, where information and support are shared.	This is a private Facebook group which you must join to access content.
Friends of New Braiswick Park	This is a community run group where people can join discussions, ask for advice, provide information, and share local events.	This is a public Facebook group.
Friends of Northfields, Colchester	This is a community run group where people can join discussions, ask for advice, provide information, and share local events.	This is a private Facebook group which you must join to access content.
Highwoods Colchester Community Group	This is a group for local residents offering support, general news.	This is a private Facebook group which you must join to access content.
Hugh Dickenson Road Neighbours Mile End	This is a local noticeboard for residents of Hugh Dickson Road, Golden Dawn Way, Prior Way, Longacre, Rose Crescent and Enid Way. The group is for neighbours who are offering	This is a private Facebook group which you must join to access content.

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	cooperation & support to help each other get through this together.	
Kingswood Heath Residents Group	This is a group intended for residents of the Kingswood Heath community, where information and support is shared.	This is a private Facebook group which you must join to access content.
Mile End & Braiswick Community Hub	The group is providing up to date information for the neighbourhood, with people offering support for residents of the area.	This is a private Facebook group which you must join to access content.
Mile End Road Neighbours' Group (Colchester)	This is a community run group where people can join discussions, ask for advice, provide information, and share local events.	This is a public Facebook group.
Northern Approach Group	This is a group for residents of the Northern Approaches development, where information and support is shared.	This is a private Facebook group which you must join to access content.
Rosewood Community Group	This is a community run group where people can join discussions, ask for advice, provide information, and share local events.	This is a private Facebook group which you must join to access content.
The Gateway Axial Way	This is a community run group where people who reside on the Persimmon Gateway development can join discussions, ask for advice, provide information, and share local events.	This is a private Facebook group which you must join to access content.
The Oak Tree Centre, St Anne's. Colchester	Community centre group providing information and support for residents.	This is a public Facebook group.
Turner Rise estate community Group	This is a community run group where people can join discussions, ask for advice, provide information, and share local events.	This is a private Facebook group which you must join to access content.

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Shop Information

All information is correct as of February 2021 unless stated otherwise

Organisation	Contact Details	Support &/or What's Available
Dhaulagiri Asian Grocery Shop	Address: Store 7, Century House North, Station Road, Colchester CO1 1RE Call: 01206 619264	They mainly sell Asian spices and food, rice and meat.
M K News	Address: 28A Turner Rd, Mile End, Colchester CO4 5LB Call: 01206 851900	Local convenience store selling chilled and grocery food also alcohol and newspapers,
One Stop	Address: 1 and 2, Century House, North Station Road, Colchester CO1 1RE Web: https://www.onestop.co.uk/ Call: 01206 575712	Local convenience store selling chilled and grocery food also alcohol and newspapers.
One Stop	Address: 1 and 2, Century House, North Station Road, Colchester CO1 1RE Call: 01206 575712 Web: https://www.onestop.co.uk/	Local convenience store selling chilled and grocery food also alcohol and newspapers.
St. Johns Food & Wine	Address: St. Johns Post Office, 291, Ipswich Rd, Colchester, CO4 0HW Call: 01206 855812	Local convenience store selling chilled and grocery food also alcohol and newspapers, post office also available inside.
St. Johns Food & Wine	Address: St. Johns Post Office, 291, Ipswich Rd, Colchester, CO4 0HW Call: 01206 855812	Local convenience store selling chilled and grocery food also alcohol and newspapers, post office also available inside.

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Food information

All information is correct as of April 2021 unless stated otherwise

Organisation	Contact Details	Support &/or What's Available
Frydays Fish and chips	Call: 01206 868630	Are delivering food via Deliveroo where you will find a full menu of what they have on offer. Please note you do have to check their website to see if they will deliver in your area.
The Master Chef	Address: 44 St Christopher Road, Colchester CO4 0NA Call: 01206 851665	Collection only for Pizza, chips, Burgers, Kebabs and Chicken.

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Neighbourhood 4 (Stanway, Lexden & Braiswick and Rural North)

Important Contacts

COMMUNITY RESPONSE TEAM	Cathy Doyle Catherine.Doyle@colchester.gov.uk 07970 991601	
NEIGHBOURHOOD MANAGER	Aaron Hunter 07940 021042	For additional information in regards to Neighbourhood 4 visit this link and to find out more about your Neighbourhood Team visit this link .
DIGITAL ACCESS SUPPORT TEAM	For support on how to get online the team are offering over the phone and virtual 1-2-1s to assist people to communicate with friends and family using the devices they have as well as assisting people with online purchasing and using the NHS app to manage medicines, prescriptions and pharmacies, as well as any other digital or online queries you have. This service is bespoke to individual digital and technical needs. Call: 01206 282452 Email: Digital.AccessSupport@Colchester.gov.uk Web: https://www.colchester.gov.uk/digitalaccesssupport/ Facebook: https://www.facebook.com/NorthEssexDigitalAccessSupportTeam Instagram: https://www.instagram.com/northessexdigitalaccesssupport/ Twitter: https://twitter.com/DigitalAccessNE	

Colchester Borough Residents Contacts Pack

Ward Councillors	
Rural North	
Name:	Christopher Arnold
Contact No:	07703 168125
Email:	cllr.christopher.arnold@colchester.gov.uk
Name:	Nigel Chapman
Contact No:	01206 272908
Email:	cllr.nigel.chapman@colchester.gov.uk
Name:	Peter Chillingworth
Contact No:	01206 240230
Email:	cllr.peter.chillingworth@colchester.gov.uk
Lexden and Braiswick	
Name:	Lewis Barber
Contact No:	07876 237137
Email:	cllr.lewis.barber@colchester.gov.uk
Name:	Brian Jarvis
Contact No:	01206 852563
Email:	cllr.brian.jarvis@colchester.gov.uk
Name:	Dennis Willets
Contact No:	01206 240314
Email:	cllr.dennis.willets@colchester.gov.uk
Stanway	
Name:	Lesley Scott-Boutell
Contact No:	01206 549630
Email:	cllr.lesley.scott-boutell@colchester.gov.uk
Name:	Fiona MacLean
Contact No:	07809 229529 - Contact other Stanway Cllrs first

Colchester Borough Residents Contacts Pack

Email:	cllr.fiona.maclean@colchester.gov.uk
Name:	Paul Dundas
Contact No:	07885 808065
Email:	cllr.paul.dundas@colchester.gov.uk
Parish Councils	
Aldham	
Chairperson:	Jackie Daines
Contact No:	01206 242 538
Email:	jackiedaines@btinternet.com
Boxted	
Clerk:	Karen Thompson
Contact No:	07971 525688
Email:	Boxtedparishcouncil@gmail.com
Chappel	
Clerk:	Helen Cook
Contact No:	01206 589095
Email:	wormingford@outlook.com
Dedham	
Clerk:	Emma Cansdale
Contact No:	01255 871483
Email:	clerk@dedhamparishcouncil.co.uk
Eight Ash Green	
Clerk:	Katherine Kane
Contact No:	07811 254163
Email:	parish.clerk@eightashgreen.com
Fordham	
Clerk:	George Branagh/ Kathryn Cameron
Contact No:	07966 442337 / 07453 160831

Colchester Borough Residents Contacts Pack

Email:	George.b@fordham-pc.gov.uk / clerk@fordham-pc.gov.uk
Great Horkesley	
Clerk:	Penny Mutch
Contact No:	07375 095486
Email:	parish-clerk@greathorkesley-pc.gov.uk -
Great Tey	
Clerk:	David Williams
Contact No:	01787 224895
Email:	greatteyparishcouncil@outlook.com
Langham	
Clerk:	Carol Harbach
Email:	carolharbach@hotmail.co.uk
Little Horkesley	
Clerk:	Joanna Petersen
Contact No:	07747 803870 / 01206 273145
Email:	clerk@littlehorkesleypc.com
Mount Bures	
Clerk:	Liz Malvisi
Contact No:	07891 018162 / 01787 374348
Email:	mountburespc@outlook.com
Web:	http://mountburesparishcouncil.org.uk/
Stanway	
Clerk:	David Lines / Amanda Ward
Contact No:	01206 542221 or 07485 151248 / 07849 089527
Email:	clerk@stanwaypc.org.uk / amanda.ward@stanwaypc.org.uk
Wakes Colne	
Clerk:	Diane Jacob
Contact No:	07508 787869

Colchester Borough Residents Contacts Pack

Email:	parishclerk@wakescolne.org
West Bergholt	
Clerk:	Laura Walkinshaw
Contact No:	01206 240772
Email:	westbergholtpc@gmail.com
Wormingford	
Clerk:	Helen Cook
Contact No:	01206 589095
Email:	parishclerk@chappel.org

Community Groups & Volunteer Information

All information is correct as of April 2021 unless stated otherwise

Organisation	Support &/or What's Available	Contact Details
Aldham Parish Church Council	They have volunteers and are co-ordinating support for local residents, a WhatsApp support group for the Ford Street area has also been created.	Address: Marks Tey Rectory, Church Lane, CO6 1LW Email: ian.scott-thompson@virgin.net Web: http://www.aldham-church.co.uk/
Ardleigh and Dedham Help line	Helpline for residents of Dedham and Ardleigh. Leave a message with your name, phone number and what you would like help with, and someone will get back to you the same day. For example, you may like help to get shopping, or a prescription, or just to have a friendly chat with someone.	Call: 01206 322025 Email: stmaryda@gmail.com if you would like to volunteer
Boxted Community Hub	Are offering support for any elderly and vulnerable residents who may need help with essentials like food, prescriptions, dog walking, phone call support and meals on wheels.	Address: Cage Lane, Boxted, Colchester, CO4 5RE Call: 01206 272129 or 07488 345019 Web: https://the-boxted-community-hub.business.site/

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Chappel and Wakes Colne Local Events and Local Matter	This is a community run group where people can join discussions, ask for advice, provide information, and share local events.	This is a private Facebook group which you must join to access content.
Chappel and Wakes Colne Local Information	A group for residents to share useful information about events, concerns and to ask questions.	This is a public Facebook group.
Chappel Parish Council	Are offering support for the local community including essential shopping, prescription collection and delivery. Residents can also call if they are self-isolating and in need of urgent supplies.	Call Helen Cook: 01206 589095 Email: parishclerk@chappel.org Email: wormingford@outlook.com Web: https://chappel.org/
Dedham Vale Voice	This is a community run group where people can join discussions, ask for advice, provide information, and share local events.	This is a public Facebook group.
Eight Ash Green & Fordham Heath	This is a community run group where people can join discussions, ask for advice, provide information, and share local events.	This is a private Facebook group which you must join to access content.
Eight Ash Green Community Group	This is a community run group where people can join discussions, ask for advice, provide information, and share local events.	This is a private Facebook group which you must join to access content.
Fordham Parish Council Essex	This is a community run group where people can join discussions, ask for advice, provide information, and share local events.	This is a public Facebook group.
Good Neighbours Langham & Boxted	Are offering an assistance and support service, which does not involve food or grocery orders and deliveries.	Web: www.langhamessex.org.uk/community/good-neighbours/
Great Horkesley and Boxted Community	This is a community run group where people can join discussions, ask for advice, provide information, and share local events.	This is a private Facebook group which you must join to access content.
Great Horkesley Parish Council	Great Horkesley Parish Council have organised a Volunteer Support group to help anyone that is self-isolating in the village. If you are self-isolating due to symptoms, being high risk, age, or any other reason, they can help you for free by: Picking up	Call: 07375095486 Email: parish-clerk@greathorkesley-pc.gov.uk This is a public Facebook Group.

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	<p>food or shopping Collecting urgent supplies or medicines Posting mail Finding contacts for mental health support, financial support, animal care, social care etc.</p> <p>If you, or anyone else you know in Great Horkesley may need their help please contact them by one of the following methods so they can put you in touch with your Contact.</p>	
Great Tey - All Street / Village Matters	This is a community run group where people can join discussions, ask for advice, provide information, and share local events.	This is a public Facebook group.
Kingsland Church	<p>Are offering a variety of virtual activities using Zoom. They have activities range from an online playgroup to the Community Gospel Choir.</p> <p>Community groups are planned to resume in person soon.</p> <p>The cafe is looking to open again from 17th May. We also have the new Kingsland Counselling Service as well as the other services such as Precious Bundles (baby clothes and essentials) donation drop off and pick up.</p> <p>Check their website to join and for more information.</p>	<p>Web: https://kingsland.org.uk/virtual-church/</p>
Lexden and Prettygate Community Hub	This is a community run group where people can join discussions, ask for advice, provide information, and share local events.	This is a public Facebook group.
Mile End and Braiswick Community Hub Colchester	This is a community run Facebook group where people can join discussions, ask for advice, provide information, and share local events.	This is a public Facebook group.
St Albrights Church	Are supporting elderly residents by offering daily phone calls, collecting prescriptions and shopping.	<p>Address: Stanway Rectory, Church Lane, Stanway, CO3 8LR Email: vicar@stalbrights.org</p>
St Andrews Church	Each week the church publishes a Benefice Bulletin, with details of the services in Wormingford, Mount Bures and Little Horkesley, upcoming events and points for prayer.	<p>Call: 01206 855040 Email: office@mylandchurch.org.uk Web: https://www.wormingford.com/</p>

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Stanway Evangelical Church	Family church are there if you need them.	This is a public Facebook group.
St Mary's Churches Dedham and Ardleigh	St Mary's churches reopen for in-person services on 18th April. APCM meetings for both Dedham & Ardleigh churches will operate on zoom.	Addresses: St. Mary's Church, Ardleigh, CO7 7LD St. Mary's Church, Dedham, CO7 6DE Web: https://www.dedham-and-ardleigh-parishes.org.uk/ Email: office@dedham-and-ardleigh-parishes.org.uk Call: 01206 322136
Stanway Parish Council	They are offering help and support with collecting shopping, posting mail, urgent supplies/meal service delivery as well as a friendly phone call. If you would like to help others by volunteering, you can also get in contact. Please call Monday to Friday 9am to 5pm. Their group allows for sharing key information with residents as well as enabling the ability to contact them easily for assistance.	Address: Victory Hall, Villa Road, Stanway, CO3 0RH Call Catherine Clouston (Deputy Clerk): 01206 542221 Email: enquiries@stanwaypc.org.uk Web: www.stanwaypc.org.uk This is a public Facebook group
Stanway Residents Group	This is a community run group where people can join discussions, ask for advice, provide information, and share local events.	This is a public Facebook group.
Stanway Ward Community - Colchester	This is a community run group where people can join discussions, ask for advice, provide information, and share local events.	This is a public Facebook Group.
Wakes Colne Parish Council	Are offering a service where they will assist those isolating with things like collecting shopping and prescriptions.	Call: 07508 787869 Diane Jacob Email parishclerk@wakescolne.org Web: https://e-voice.org.uk/wakescolne/
West Bergholt Care Network	Are offering a service to help collect prescriptions and shopping for residents within the West Bergholt area. They can help people who are self-isolating with a range of different	Call: 03007773100 Web: http://westbergholt.net/

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	things, for example cutting the grass or whatever people may require.	
West Colchester Community Group	This is a community run group where people can join discussions, ask for advice, provide information, and share local events.	This is a public Facebook .
Wormingford Parish Council	Are offering support for the local community including essential shopping, prescription collection and delivery. Residents can also call if they are self-isolating and in need of urgent supplies.	Email: wormingford@outlook.com Web: https://wormingford.org/

Shop Information

All information is correct as of April 2021 unless stated otherwise

Organisation	Contact Details	Support &/or What's Available
Colletts Farm Shop and Dairy	Address: Wormingford, Colchester CO6 3AU Call: 01787 227292 Web: http://www.collettsfarm.co.uk/	Convenience store selling a range of everyday essentials.
Great Horkesley Village Stores	Address: Great Horkesley Delivery Office, The Causeway, Great Horkesley, Colchester CO6 4BJ Call: 01206 272293	Convenience store selling a range of everyday essentials.
Lexden Food and News	Address: 16 Church Ln, Colchester CO3 4AF Call: 1206 766615	Convenience store selling a range of everyday essentials.
Park Street Stores and Post Office	Address: Park St, Stoke-by-Nayland, Stoke by Nayland CO6 4SE Call: 01206 262335	Convenience store selling a range of everyday essentials.
Rose's General Store	Address: 13 Bridge St, Bures CO8 5AD Call: 01787227297	Convenience store selling a range of everyday essentials.
Stanway Post Office / Convenience Store	Address: 277A London Road, Stanway, Colchester, Essex CO3 8LU Call: 01206 210626 Web: https://www.postoffice.co.uk/branch-finder/1091166/stanway	Convenience store with a post office selling a range of everyday essentials.

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Wakes Colne Shop/Post Office	Address: Colchester Road, Wakes Colne, Colchester, Essex CO6 2DF Call: 01787 222449 Web: www.postoffice.co.uk	Convenience store with a post office selling a range of everyday essentials.
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Food Information

All information is correct as of April 2021 unless stated otherwise

Organisation	Contact Details	Support &/or What's Available
Brick Kiln Farm Shop	Address: Brick Kiln Farm, Turkey Cock Lane, Stanway CO3 8ND Call: 07949 180957	Please look at the public Facebook group for more information.
Cricketers Pub	Address: Spring Lane, Fordham Heath, CO3 9TG Call: 01206 240666 Email: Info@thecricketerscolchester.co.uk Web: http://www.thecricketerscolchester.co.uk/index-2.html	For their menu and delivery options look on their website.
Langham Community Shop	Address: Langham Community Shop, Langham Community Centre, School Road, CO4 5PA Call: 01206 272431 Email: communityshoplangham@gmail.com Web: http://www.langhamcommunityshop.org.uk/	<p>Sell a variety of produce including dairy, local and seasonal produce, fresh fruit & vegetables as well essential store cupboard items. They are open Monday to Friday 9am to 4pm & until 12am on Saturday & 11:30am on Sundays and offer delivery and collection</p> <p>The Cheese & Pie Man is there every Wednesday from 8.30am until 2.30pm. East coast fresh fish are there from 3 to 4pm on the second and fourth Tuesday of every month. Howes Fish & Chip Van is there every Friday from 11.30am until 2pm.</p>

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		The Post Office is open there every Monday from 9.30am until 12.30pm and Thursdays 1230 to 4pm.
The Lexden Crown	Address: 235 Lexden Road, Colchester, CO3 4DA Call: 01206 548490 Web: http://thelexdencrown.com/	The Lexden Crown's up to date menu can be found on their website. They offer take away and home delivery for classic pub food and wood fired pizza.
The Live and Let Live	Address: 12 Millers Lane, Colchester CO3 0PS Call: 01206 574071 Web: http://www.theliveandletlive.co.uk/	For their menu look on their public Facebook group.

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Neighbourhood 5

(Berechurch, New Town and Christ Church, Prettygate and Shrub End)

Important Contacts		
COMMUNITY RESPONSE TEAM	Chrissy Henegan Chrissy.Henegan@colchester.gov.uk 07966 235791	
NEIGHBOURHOOD MANAGER	Andy Williams 07950 862979	For additional information in regards to Neighbourhood 5 visit this link and to find out more about your Neighbourhood Team visit this link .
DIGITAL ACCESS SUPPORT TEAM	<p>For support on how to get online the team are offering over the phone and virtual 1-2-1s to assist people to communicate with friends and family using the devices they have as well as assisting people with online purchasing and using the NHS app to manage medicines, prescriptions and pharmacies, as well as any other digital or online queries you have.</p> <p>This service is bespoke to individual digital and technical needs.</p> <p>Call: 01206 282452</p> <p>Email: Digital.AccessSupport@Colchester.gov.uk</p> <p>Web: https://www.colchester.gov.uk/digitalaccesssupport/</p> <p>Facebook: https://www.facebook.com/NorthEssexDigitalAccessSupportTeam</p> <p>Instagram: https://www.instagram.com/northessexdigitalaccesssupport/</p> <p>Twitter: https://twitter.com/DigitalAccessNE</p>	

Colchester Borough Residents Contacts Pack

Ward Councillors	
Berechurch	
Name:	Dave Harris
Contact No:	01206 545889
Email:	cllr.dave.harris@colchester.gov.uk
Name:	Chris Pearson
Contact No:	01206 562020
Email:	cllr.chris.pearson@colchester.gov.uk
Name:	Martyn Warnes
Contact No:	07422 575685
Email:	cllr.martyn.warnes@colchester.gov.uk
New Town and Christ Church	
Name:	Lorcan Whitehead
Contact No:	07789 224655
Email:	cllr.lorcan.whitehead@colchester.gov.uk
Name:	Nick Cope
Contact No:	01206 576024
Email:	cllr.nick.cope@colchester.gov.uk
Name:	Theresa Higgins
Contact No:	01206 523501 / 07881 370626
Email:	cllr.theresa.higgins@colchester.gov.uk
Prettygate	
Name:	Roger Buston
Contact No:	07770 305977
Email:	cllr.roger.buston@colchester.gov.uk
Name:	Sue Lissimore
Contact No:	07540 328316
Email:	cllr.sue.lissimore@colchester.gov.uk

Colchester Borough Residents Contacts Pack

Shrub End	
Name:	Sam McCarthy
Contact No:	07570 270630
Email:	cllr.sam.mccarthy@colchester.gov.uk
Name:	Pauline Hazel
Contact No:	07754 741315
Email:	cllr.pauline.hazell@colchester.gov.uk
Name:	Lyn Barton
Contact No:	01206 766171
Email:	cllr.linda.barton@colchester.gov.uk

Community Groups & Volunteer Information

All information is correct as of April 2021 unless stated otherwise

Organisation	Support &/or What's Available	Contact Details
Berechurch and area COVID - 19 community self-help group	<p>A community self-help group to coordinate assistance as and where they can to the most vulnerable in the area.</p> <p>Staying safe and following guidance and health professional advice.</p> <p>Lots of local people are offering help.</p>	This is a public Facebook group.
Birch Glen Neighbourhood Watch	This is a community run group where people can join discussions, ask for advice, provide information, and share local events.	This is a private Facebook group which you must join to access content.
Blenheim Park Residents	This is a community run group where people can join discussions, ask for advice, provide information, and share local events.	This is a private Facebook group which you must join to access content.
New Town, Old Heath and Hythe	This is a community run group where people can join discussions, ask for advice, provide information, and share local events.	This is a public Facebook group.

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Mutual Aid Group - COVID 19		
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Shop Information

All information is correct as of April 2021 unless stated otherwise

Organisation	Contact Details	Support &/or What's Available
Budgens	Address: 87 Drury Rd, Colchester CO2 7UU Call: 01206 575606	Convenience store selling a range of everyday essentials.
Food INC	Address: 66 Barrack St, Colchester CO1 2LS Call: 01206 868588 Facebook: https://www.facebook.com/foodinonline/	A supermarket, which specialises in world foods. This includes Asian, Afro-Caribbean, Middle eastern and Mediterranean foods. There is also an onsite independent halal butchery.
Hitesh Store	Address: 32 Berechurch Rd, Colchester CO2 7QB Call: 01206 572681	Convenience store selling a range of everyday essentials.
Jan & Phil's	Address: 83 Barrack St, Colchester CO1 2LW Call: 0844 507 5554	Convenience store selling a range of everyday essentials.
Londis	Address: 83 Barrack St, Colchester CO1 2LW Call: 0800 298 0758	Convenience store selling a range of everyday essentials.
News Plus	Address: 59-61 Barrack St, Colchester CO1 2LL Phone: 01206 870511	Convenience store selling a range of everyday essentials.

Food information

All information is correct as of April 2021 unless stated otherwise

Organisation	Contact Details	Support &/or What's Available
Crazy Chef	Address: 81 The Commons, Colchester CO3 4NN Call: 01206 514989 This is a public Facebook group	To view the menu please visit their Facebook site.

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GO4 Social Enterprises	Call: 07531 207677 Email: pepidepiter@gmail.com	GO4 Social Enterprises provides a food parcel for those families in need.
The Munch Club	Email: maureenpowell1952@yahoo.co.uk This is a private Facebook group so you must be logged on to your account to access it.	The Munch Club provides a food parcel for those families in need.
The Prettygate Pub	Address: 100 The Commons, Colchester, CO3 4NW Call: 01206 563497 Email: lisa@theprettygate.com This is a public Facebook group.	Delivery is within a 1-mile radius from the pub.

Colchester Borough Residents Contacts Pack

Neighbourhood 6

(Wivenhoe, Old Heath & The Hythe, and Greenstead)

Important Contacts

COMMUNITY RESPONSE TEAM	Siobhan McLeod Siobhan.Mcleod@colchester.gov.uk 07966 240457	
NEIGHBOURHOOD MANAGER	Andy Williams 07950 862979	For additional information in regards to Neighbourhood 6 visit this link and to find out more about your Neighbourhood Team visit this link .
DIGITAL ACCESS SUPPORT TEAM	<p>For support on how to get online the team are offering over the phone and virtual 1-2-1s to assist people to communicate with friends and family using the devices they have as well as assisting people with online purchasing and using the NHS app to manage medicines, prescriptions and pharmacies, as well as any other digital or online queries you have.</p> <p>This service is bespoke to individual digital and technical needs.</p> <p>Call: 01206 282452</p> <p>Email: Digital.AccessSupport@Colchester.gov.uk</p> <p>Web: https://www.colchester.gov.uk/digitalaccesssupport/</p> <p>Facebook: https://www.facebook.com/NorthEssexDigitalAccessSupportTeam</p> <p>Instagram: https://www.instagram.com/northessexdigitalaccesssupport/</p> <p>Twitter: https://twitter.com/DigitalAccessNE</p>	

Colchester Borough Residents Contacts Pack

Ward Councillors

Greenstead

Name:	Tina Bourne
Contact No:	07837 735165
Email:	cllr.tina.bourne@colchester.gov.uk
Name:	Julie Young
Contact No:	07905 403188
Email:	cllr.julie.young@colchester.gov.uk
Name:	Tim Young
Contact No:	07949 066915
Email:	cllr.tim.young@colchester.gov.uk

Wivenhoe

Name:	Mark Cory
Contact No:	07988 800301
Email:	cllr.mark.cory@colchester.gov.uk
Name:	Cyril Liddy
Contact No:	01206 825276
Email:	cllr.cyril.liddy@colchester.gov.uk
Name:	Andrea Luxford-Vaughan
Contact No:	01206 822097
Email:	cllr.andrea.luxfordvaughan@colchester.gov.uk

Old Heath and Hythe

Name:	Adam Fox
Contact No:	07790 099940
Email:	cllr.adam.fox@colchester.gov.uk
Name:	Mike Lilley
Contact No:	01206 576024 / 07776 257891
Email:	cllr.mike.lilley@colchester.gov.uk

Colchester Borough Residents Contacts Pack

Name:	Lee Scordis
Contact No:	07947 541573
Email:	cllr.lee.scordis@colchester.gov.uk
Parish Councils	
East Donyland Parish Council - serving Rowhedge	
Clerk:	Elizabeth Nelson-Hayes
Contact No:	01206 729200
Email:	info@eastdonylandpc.co.uk
Wivenhoe Town Council	
Name:	Jo Beighton-Emms
Contact No:	07738 493524
Email:	townclerk@wivenhoe.gov.uk

Community Groups & Volunteer Information		
<i>All information is correct as of April 2021 unless stated otherwise</i>		
Organisation	Support &/or What's Available	Contact Details
Rowhedge COVID-19 Support	This group has been set up to support those self-isolating in order to pick up shopping, post mail, have a friendly phone call, get urgent supplies, medicines delivered and any other help that they can offer.	This is a private Facebook group which you must join to access content.
Rowhedge Village	This is a community run group where people can join discussions, ask for advice, provide information, and share local events.	This is a public Facebook group.
Rowhedge Wharf Bloor/Hills "residents" Development Group	This is a community run group where people can join discussions, ask for advice, provide information, and share local events.	This is a private Facebook group which you must join to access content.

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Wimpole Road Methodist Church	They are providing information and support via their blog as well as online services. If you would like a chat, you can also contact them.	Address: 47 Wimpole Road, Colchester CO1 2DL Call: 07847 846292 Email: wimpoleroadmc@gmail.com Website: https://wimpoleroadchurch.org.uk/ This is the link to their blog .
Wivenhoe Mutual aid	A network of local volunteers are able to deliver essentials, give you a call and walk your dog. They can collect prescriptions; match you with a phone buddy if you are feeling lonely and would appreciate a call; arrange for someone to walk your dog and deliver essential shopping to your home.	Call: 01206 657685 or 07394 910486 Email: HelpWiv@gmail.com This is a public Facebook .

Shop Information

All information is correct as of April 2021 unless stated otherwise

Organisation	Contact Details	Support &/or What's Available
J Burgess & Sons Ltd	Address: 197 Old Heath Rd, Colchester CO2 8AY Call: 01206 795929 Web: http://www.jburgessandsons.co.uk/	Fresh and locally grown produce supplied and delivered in Colchester.
Premier	Address: Bridge House, Hythe Quay, Colchester CO2 8JB Call: 01206 866339 Web: https://www.premier-stores.co.uk/	Convenience store selling alcohol, cigarettes, bread, milk, food etc.
Starry Mart	Address: 143 Caelum Dr, Colchester, CO2 8FN Call: 01206 865438 Web: https://starrymart.co.uk/	A convenience store offering Chinese, Japanese, Korean, Indonesian, Malaysian, Singapore, Vietnamese, Filipino and Thai Cuisines.
The Willows Convenience Store	Address: 14 The Willows, Colchester CO2 8PZ Call: 01206 547156 Web: https://thewillowsstore.wixsite.com/website	A local convenience store selling, alcohol, takeaway coffee, sweets, crisps etc.

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The Wivenhoe Fish Company	Address: 80 Ernest Rd, Wivenhoe, Colchester CO7 9LQ Call: 07513761181 Web: http://www.thewivenhoefishcompany.co.uk/	We are providers of locally caught, and locally sourced fresh and frozen fish, and seafood as well as providing seafood platters to order for our customers.
Wivenhoe Butchers	Address: Unit 20, Wivenhoe Business Centre, Wivenhoe, Colchester CO7 9DP Call: 07984420925	Outdoor reared, grass-fed, ethical, local meats brought to Wivenhoe. Homemade sausages, charcuterie, pies, freezer food and more.

Food Information

All information is correct as of February 2021 unless stated otherwise

Organisation	Contact Details	Support &/or What's Available
GO4 Enterprises: Café on the Rec:	<u>Café on the Rec:</u> Address: Recreation Park, near the basketball pitch, dog agility and exercise equipment, CO1 2HE Call: 07581 135091 Web: https://www.go4enterprises.org/ This is a public Facebook group.	Are an emergency point where they are collecting as well as donating food products to create food parcels for those in need. Donations can be left onsite at the cafe or collected from the cafe team. Providing a food delivery service to the most vulnerable residents on Old Heath & Hythe.

Colchester Borough Residents Contacts Pack

Colchester Boroughwide

To access all of the Neighbourhood links and information on Colchester Borough Council's website please click [here](#) or visit: <https://www.colchester.gov.uk/info/category/?id=neighbourhood-teams>

Boroughwide Contacts <i>All information is correct as of April 2021 unless stated otherwise</i>		
Age Concern Colchester & North East Essex	Contact No:	01206 368420
	Email / Web:	communitycare@ageconcerncolchester.org.uk https://www.ageconcerncolchester.org.uk/
	Support available:	<p>A local independent charitable company providing services and support for older people in the Colchester area such as telephone befriending service, as well as advice and information.</p> <ul style="list-style-type: none">• Call and select option 1 for care, food, or medical needs. They have adjusted their approach considering COVID-19 and supplied a call centre team who can provide practical guidance for those who are struggling with food, medical supplies and who have unmet care needs in their home.• Call and select option 2 for bereavement support.• Call and select option 3 to link to a befriender.• Call and select option 4 for help with forms and advice.• Call and select option 5 for dementia support, speak to an advisor who can guide you through some practical hints and tips to try and help at this time
Essex Wellbeing Service	Contact No:	0300 303 9988
	Email / Web:	www.essexwellbeingservice.co.uk
	Support available:	Supports people in the community and at work with a range of health, wellbeing, and welfare needs. They help people access information

Colchester Borough Residents Contacts Pack

		and support to stay healthy, safe, and well from help to quit smoking to supporting families adapt to 'new normal'. They also coordinate requests and referrals for support and connect them to our volunteers.
Mutual Aid	Email / Web:	https://covidmutualaid.org/resources/
	Support available:	COVID-19 Mutual Aid UK is a group of volunteers supporting local community groups organising mutual aid throughout the COVID-19 outbreak in the UK. They focus on providing resources and connecting people to their nearest local groups, willing volunteers and those in need.
Homeless Charities Contacts	Name:	Beacon House
	Contact No:	01206 761960
	Web:	https://beaconhouseministries.org.uk/
	Name:	Colchester Night Shelter
	Contact No:	01206 549885
	Web:	http://colchesternightshelter.org.uk/
	Name:	Streetlink
	Web:	https://www.streetlink.org.uk/
	Name:	Open Door
	Contact No:	07934 907998
Email / Web:	hello@opendoorcolchester.co.uk/ https://www.opendoorcolchester.co.uk/	
Essex Police	Contact No:	101 or 999
Essex Fire & Rescue	Contact No:	999
East of England Ambulance	Contact No:	999
ECC Schools/Education Queries	Contact No:	03457 430 430
	Email:	contact@essex.gov.uk
Domestic Abuse Support	Name:	Compass (24/7 Helpline)
	Contact No:	0330 333 7444
	Name:	Next Chapter (Colchester)

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	Contact No:	01206 500585
	Name:	National Centre for Domestic Violence
	Contact No:	Call 0800 970 2070 or Text "NCDV" to 60777
	Web:	https://www.ncdv.org.uk/
	Name:	National Domestic Abuse Helpline
	Contact No:	0808 2000 24
	Name:	Essex Police
	Web:	https://www.essex.police.uk/advice/advice-and-information/daa/domestic-abuse/
Contact No:	999	
Childline	Contact No:	0800 1111 (Helpline number)
	Web:	https://www.childline.org.uk/
	Support available:	Have tips and support on how to cope with the current situation as well as calming activities.
LiveWell	Web:	https://www.livewellcampaign.co.uk/
	Support available:	Provide information about all that is on offer in Essex to improve health and wellbeing.
MacMillan	Contact No:	01206 745347
	Web:	https://www.macmillan.org.uk/coronavirus https://www.macmillan.org.uk/get-involved/campaigns/telephone-buddies
	Support available:	Telephone buddy support service, weekly phone calls from your Telephone Buddy. Sign up to register your interest on the website.
St Helena Hospice Single Point 24/7 helpline.	Contact No:	01206 890360
	Support available:	Support and advice relating to end of life.
Action on Hearing Loss	Contact No:	07442 538939 Information Line call: 0808 8080 0123 or Text: 0808 8080 9000

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	Email:	Angela.Baker@hearingloss.org.uk or information@hearingloss.org.uk
	Web:	www.actionhearingloss.org.uk
	Support available:	Free support service. Working hearing aids are essential when communicating with loved ones over the phones or receiving the news over the TV or radio for those that are encouraged to self-isolate that have hearing aids. If have hearing loss/tinnitus, are worried about your hearing/hearing aids, are adjusting to hearing aids, are uncertain where to obtain batteries and new tubes, not sure how to retube you can contact Angie.
Essex Sight	Contact No:	01206 548196 (This is a helpline)
	Web:	https://www.essexsight.org.uk/
	Email:	services@essexsight.org.uk
	Support available:	Essex Blind Charity has been caring for the blind and visually impaired of Essex since the 1920s. Their aim is to deliver a range of excellent support services to visually impaired people in Essex and the adjacent East London Boroughs.

Colchester Borough Homes Information

All information is correct as of April 2021 unless stated otherwise

THIS INFORMATION IS ONLY RELEVANT FOR TENANTS OF COLCHESTER BOROUGH HOMES

Community Housing Officer's	Locality:	Old Heath / Tiptree
	Name:	Amanda Mayhew
	Contact No:	01206 282736
	Locality:	Greenstead East
	Name:	Jane Graham-Watson
	Contact No:	01206 505347
	Locality:	Berechurch / New Town
	Name:	Emma Schofield
	Contact No:	01206 506427
Locality:	Greenstead West	

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	Name:	Rob Ward
	Contact No:	01206 506691
	Locality:	St Anne's / Mile End / Highwoods
	Name:	Karen Green
	Contact No:	01206 506023
	Locality:	Rural North/Castle/Lexden
	Name:	Michelle Longhurst
	Contact No:	01206 508091
	Locality:	Mersea & Pyefleet / Prettygate / Stanway / Wivenhoe
	Name:	Julie Prior
	Contact No:	01206 506595
	Locality:	Shrub End and Marks Tey
	Name:	Rachel Bushell
	Contact No:	01206 508771

Community Groups & Volunteer Information

All information is correct as of April 2021 unless stated otherwise

Organisation	Support &/or What's Available	Contact Details
British Red Cross	Are there for you if you need them, they believe that it is kindness that will keep us together.	Web: https://reserves.redcross.org.uk/
Colchester's Anti Loo Roll Brigade	This group has been put together by Peter Dutch to help local people reach out for whatever they may need, and members of public will help as they can.	This is a public Facebook group
Colchester business advertisements	This group is for anyone to join and support businesses around Colchester. Follow their deals, offers, availability and to advertise your own businesses, please invite friends and family to follow for support, this is a great way to boost our businesses to success.	This is a public Facebook group
Colchester Community Mask /	The community group has set this up to provide masks for those that need them. A small donation can be made at the tree's location.	This is a public Facebook group

Colchester Borough Residents Contacts Pack

Face Covering Tree		
Colchester Community, News & Events	Are reposting advice from both the NHS and Government as well as reposting anything that local businesses may be offering.	This is a public Facebook group
Colchester Community Volunteer Group	This group is for helping the community with local volunteers.	This is a public Facebook group
Colchester For Fogies and Old Farts MK II	A mixed community Facebook group for the Colchester area and is aimed at older people offering information and support.	This is a private Facebook group which you must join to access content.
Colchester Gateway	They are continuing to support people with learning disabilities and their families. They are putting art challenges on their Facebook group as well as sharing information. They are also hosting Facebook lives including quizzes and music.	Address: Wilson Marriage Centre Barrack Street, CO1 2LR Web: http://www.colchestergatewayclubs.org/ This is a public Facebook group.
Community-360	Have a team of volunteers, along with other services, they are able to help you with food provision, signposting and many other areas for those who find themselves in need.	Call: 01206 505250 Email: information@community360.org.uk Web: https://www.community360.org.uk/ This is a public Facebook group.
Essex Coronavirus Action Support	A space for Essex residents to connect and discuss a variety of issues during the Coronavirus / Covid-19 outbreak.	This is a public Facebook group.
Gracious Givers for Golden agers	A community Facebook group created to help the elderly in and around Colchester with shopping, meals or to pick up a prescription.	This is a public Facebook group.
Health Service Discounts	Information for Health workers detailing about lots of business posting things like free coffee for NHS workers and discounts in supermarkets.	This is a public Facebook group, that you do have to sign up for.
It all happens in Colchester	This is an open access group whereby you can find out lots of information about what's going on in Colchester.	This is a public Facebook group.
Let's Talk Colchester!	On this group you may find information that is community related for example, businesses may post about offers of free delivery / takeaways.	This is a public Facebook group.

Colchester Borough Residents Contacts Pack

Neighbours Information Colchester Essex (NICE)	A Facebook group to provide local information and support in the local communities, paying attention to their neighbours.	This is a public Facebook group.
NextDoor	<p>A social network which aims to bring neighbours closer together, encouraging social interaction as well as making people aware of crime in their area.</p> <p>To join every neighbour must use their real name and verify their address.</p>	Web: https://nextdoor.co.uk/
North Colchester's Men Shed Facebook Group	A dynamic group of men who share a common goal in supporting one another, learn new skills together and grow old disgracefully.	This is a private Facebook group, which you must join to access content.
Salvation Army	They have daily affirmations and support on their website.	<p>Address: Butt Road, Colchester, CO3 3DA</p> <p>Web: https://www.salvationarmy.org.uk/colchester-citadel</p>
The Prayer Shelter	<p>This is a place where anyone can come for prayer and feel supported and safe without being judged, give thanks to god for everything and all that he gives us.</p> <p>A space for sharing testimonies, scripture, church events, services and much more.</p>	This is private Facebook group which you must join to access content.
Warm & Toasty Club	<p>Is a unique life-affirming intergenerational community group working in music, arts and history with people over 60.</p> <p>Watch live videos such as singing performances via the Facebook group.</p>	<p>Email: thewarmandtoastyclub@gmail.com</p> <p>This is a public Facebook group.</p>

Colchester Borough Residents Contacts Pack

Food Bank Information

All information is correct as of April 2021 unless stated otherwise.

Organisation	Support &/or What's Available	Contact Details
Colchester Food Bank	<p>Open Monday to Saturday: 10am to 2pm (Sunday - Closed)</p> <p>The process for obtaining a food voucher is: Residents contact a referral agency, who will then take some basic details to complete the voucher application.</p> <p>This will help to identify the cause of the crisis and offer practical guidance. It also means they can prepare suitable emergency food for the right number of people.</p> <p>Once someone has been issued with a voucher, they can exchange this for three days of emergency food at their nearest foodbank centre.</p> <p>The latest version of the Community Response Pack which can be found via Colchester Borough Council website, will provide you with full information on what is available.</p>	<p>Website: https://colchester.foodbank.org.uk/</p> <p>Email: info@colchester.foodbank.org.uk</p> <p>Phone: 01206 621 998</p> <p>Address: Colchester Foodbank 3, Tollgate Retail Park, (opposite McDonalds, between Currys/PC World and B&M) Tollgate West, Colchester CO3 8RG</p>

Other Food Provision Providers

Organisation	Support &/or What's Available	Contact Details
Tiptree Churches Food Bank	Supporting those in need within Tiptree, Tolleshunt Knights, Messing, Inworth and Great Braxted	<p>Please contact The Revd Annee-Marie Renshaw</p> <p>Email: amlrenshaw@btinternet.com</p>
The Munch Club	New clients will need proof of Universal Credit or low income. Colchester.	<p>Phone: 07974 113341</p> <p>Email: maureenpowell1952@yahoo.co.uk</p>
GO4 Social Enterprises	New clients will need proof of Universal Credit or low income. Colchester.	<p>Phone: 07531 207677</p> <p>Email: pepidepiter@gmail.com</p>

Colchester Borough Residents Contacts Pack

West Mersea Porch Pantry	Supporting West Mersea residents	Phone: 07593 429114 Email admin@freshsalt.uk
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<p>General Supermarket Information <i>All information is correct as of April 2021 unless stated otherwise</i></p>

Organisation	Support &/or What's Available	Contact Details
Aldi	Due to changing circumstances please view the website for information relating to your store's health and hygiene measures, click and collect and opening times.	Web: www.aldi.co.uk/
Asda	Due to changing circumstances please view the website for information relating to your store's health and hygiene measures, click and collect and opening times.	Web: https://www.asda.com/
CO-OP	Due to changing circumstances please view the website for information relating to your store's health and hygiene measures, click and collect and opening times.	Web: https://www.coop.co.uk/
Iceland	Due to changing circumstances please view the website for information relating to your store's health and hygiene measures, click and collect and opening times.	Web: https://www.iceland.co.uk/
John Lewis and Waitrose	<p>Due to changing circumstances please view the website for information relating to your store's health and hygiene measures, click and collect and opening times.</p> <p>They are also providing a card service that can be purchased on-line, the website will give you more details.</p>	Web: https://www.waitrose.com/
Lidl	Due to changing circumstances please view the website for information relating to your store's health and hygiene measures, click and collect and opening times.	Web: https://www.lidl.co.uk/
Marks and Spencer	<p>Due to changing circumstances please view the website for information relating to your store's health and hygiene measures, click and collect and opening times.</p> <p>They are also offering a service which allows you to reserve a shopping slot, to find out more visit their website.</p>	Web: https://www.marksandspencer.com/ https://www.marksandspencer.com/c/book-and-shop

Colchester Borough Residents Contacts Pack

Morrison's	<p>Due to changing circumstances please view the website for information relating to your store's health and hygiene measures, click and collect and opening times.</p> <p>They are also providing a food box service to find out more visit their website.</p>	<p>Web: https://groceries.morrison's.com/webshop/startWebshop.do</p> <p>https://www.morrison's.com/food-boxes/</p>
Sainsbury's	<p>Due to changing circumstances please view the website for information relating to your store's health and hygiene measures, click and collect and opening times.</p> <p>They are also offering a delivery pass service where you can pay an upfront fee and then pay no delivery charge on your online grocery orders for the next 3, 6 or 12 months, for more information visit their website.</p>	<p>Web: https://www.sainsburys.co.uk/</p> <p>https://help.sainsburys.co.uk/help/delivery-collection/what-is-delivery-pass</p>
ShopForYou	<p>A company, based in Essex but operating nation-wide, assisting vulnerable people in obtaining grocery deliveries from the major supermarkets (Tesco, Sainsbury's, Morrison's, Asda, Ocado (M&S), Iceland & Waitrose). They are also able to offer a same-day grocery service through other providers, which is particularly useful for people who have been recently discharged from a hospital or care setting.</p> <p>Clients can call directly on a freephone number in order to firstly register their details, before placing grocery orders as frequently or infrequently as they like. They then place an online delivery on this person's behalf, arranging a delivery time which is suitable for the client. For this service they charge £1 + 7.5% of the value of the order, with a £4 minimum.</p> <p>Customers can pay via credit or debit card.</p>	<p>Call: 0330 088 5896</p> <p>Web: www.shopforyou.co.uk</p>
Shopping Slot	<p>Site that enables you to search for available home delivery slots.</p>	<p>Web: https://shoppingslot.co.uk/</p>
Tesco	<p>Due to changing circumstances please view the website for information relating to your store's health and hygiene measures, click and collect and opening times.</p>	<p>Web: https://www.tesco.com/</p>

Colchester Borough Residents Contacts Pack

Shop and Food Delivery Information

All information is correct as of April 2021 unless stated otherwise

Organisation	Support &/or What's Available	Contact Details
Allen & Son Butchers	They have a delivery service of fresh meat in Colchester and surrounding areas Monday to Friday.	Address: 13 St Botolph's Street, CO2 7DU Call: 01206 573443 There is a public Facebook group.
Anglia Produce	Are delivering fresh vegetables and fruit, as well as some store cupboard items. Visit the website for a full list of produce on offer.	Address: Anglia Produce Limited, Foxash Estate, Harwich Road, Lawford, Essex, CO11 2LR Call: 01206 233471 Email: sales@angliaproduce.com or homedeliveries@angliaproduce.com Web: http://angliaproduce.com/
Colchester Ecargo Bike Delivery Project	Regular weekly deliveries from local independent businesses, within a 4.5-mile road/cycle path radius of Colchester Town Centre. More information available on their Facebook page.	Call: 07852 958953 Email: hello@ecargobikecolchester.com Facebook page: This is a public Facebook group
G & J Barron Farms	They are delivering fruit and vegetables. Please see their website or Facebook page for delivery routes and further information.	Address: Pattocks Farm, Pattocks Lane CO6 2EG Call: 01206 210383 Email: orders@barronfarms.co.uk Web: https://www.barronfarms.co.uk/ This is a public Facebook page.
Birchwood Farm Shop	A variety of fruit and vegetable boxes available for more information visit their Facebook group. Visit the Facebook group for a full list of products available.	Address: Birchwood Road, CO7 6HX Call: 01206 323797 This is a public Facebook group.

Colchester Borough Residents Contacts Pack

Direct Meats	Delivers meats and store cupboard items, for more information visit their website.	Address: Direct Meats, Knights Farm, Swan Street, Chappel, CO6 2EE Call: 01787 223364 Web: http://www.directmeats.co.uk/ and https://directmeats-foodstore.co.uk/
Fairfield Farm	Are delivering a Vegetable Box which includes a variety of seasonal vegetables, for more information visit their website.	Address: Fordham Road, Wormingford, CO6 3AQ Call: 01026 241613 Web: https://fairfieldsfarmcrisps.co.uk/
Isolation Deliveries	The purpose of this site is to support you at home and struggling to get a delivery slot with a Supermarket. This includes a list of business that are delivering food in Colchester who provide you a range of groceries.	Call: 0330 6061467 Email: info@isolationdeliveries.co.uk Web: https://www.isolationdeliveries.co.uk/
J Burgess and Sons	Are a local greengrocer who are delivering produce. Visit the website for a full list of products available.	Address: 197 Old Heath Road, CO2 8AY Call: 01206 795929 Email: burgessfruit@hotmail.co.uk Web: https://www.jburgessandsons.co.uk/ This is a public Facebook group.
John Coleman Butchers	Delivery of Meat, Fresh fruit & Veg, Bread, Milk & Eggs, subject to availability. Delivery in a 10-mile radius of Boxted shop.	Address: Langham Road, Boxted, Colchester, CO4 5HU Call: 01206 272270 Email: jcwbonline@btconnect.com Web: www.johncolemanbutchers.co.uk/ This is a public Facebook group
Layer Marney Lamb	Have a variety of meats available for delivery. Visit the website for a full list of products available.	Address: Unit 1 Heath Rd, Stanway, CO3 0QR Call: 01206 331179 or 07976 225965 Email: layermarneylamb@msn.com Web: https://www.layermarneylamb.co.uk/
Norwegian Bakers	A tiny bakery located in Wivenhoe offering delivery of authentic Norwegian and 100% vegan bakes. Visit the website for more information.	Address: Brook street, CO79DP Wivenhoe Web: www.norwegianbakers.com

Colchester Borough Residents Contacts Pack

Raynor's Fresh Food Delivery	They are delivering fresh fruit & veg boxes to your doorstep in their own fleet of refrigerated vans. Visit the website for a full list of products available.	Call: 01245 353249 Web: www.freshfooddeliveries.co.uk/ This is a public Facebook group.
Sonali Indian Takeaway	Offering freshly prepared Indian meals for collection and delivery. Minimum order of £12. They deliver to CO1, CO2, CO3 and CO4 postcodes. For their menu look on their website.	Address: 22 East Hill, Colchester CO1 2QX Call: 01206 867000 Web: http://www.sonaliindian.com/
Too Good To Go App	This app allows you to get saving perfectly good, surplus food from your local stores. Just download the app and create an account.	Web: https://toogoodtogo.org/en
Wiltshire Farm Foods	They offer a pre-paid meal delivery service and if customers have been identified as extremely vulnerable, they will do their best to help them by delivering frozen ready meals. Visit their website for more information.	Call: 0800 077 3100 Web: https://www.wiltshirefarmfoods.com/
The Refill Den	a mobile zero-waste shop that provide packaging-free cupboard essentials and household goods	Call: _07479 499149 Web: http://www.refill-den.co.uk/ Email: info@refill-den.co.uk There is also a public Facebook Group

Online Meal Delivery Information

All information is correct as of April 2021 unless stated otherwise

Organisation	Support &/or What's Available	Contact Details
Deliveroo	This is a website where you can order food from a range of different restaurants and takeaways. Please note you do have to check their website to see if they will deliver in your area.	Web: https://deliveroo.co.uk/restaurants/colchester/colchester
Dinners Direct	Established home-meal delivery for Colchester, Wivenhoe and Alresford areas, providing a range of freshly prepared meals, on a daily basis, to those who are maybe finding cooking etc. a little more difficult.	Address: Unit 9, Wivenhoe Business Centre, Brook Street, CO7 9DP Call: 01206 826681 Web: www.dinnersdirectcolchester.co.uk

Colchester Borough Residents Contacts Pack

Just Eat	This is a website where you can order food from a range of different restaurants and takeaways. Please note you do have to check their website to see if they will deliver in your area.	Web: https://www.just-eat.co.uk/
Uber Eats	This is a website where you can order food from a range of different restaurants and takeaways. Please note you do have to check their website to see if they will deliver in your area.	Web: https://about.ubereats.com/en/

Bank Information

All information is correct as of April 2021 unless stated otherwise

Organisation	Support &/or What's Available	Contact Details
Barclays	Due to changing circumstances please view the website for information relating to opening hours, health and hygiene measures, and further information.	Address: 9 High Street, Colchester CO1 1DA Call: 03457 345345 Web: https://www.barclays.co.uk/
Halifax	Due to changing circumstances please view the website for information relating to opening hours, health and hygiene measures, and further information.	Address: 22-26 Head Street, Colchester CO1 1NG Call: 03457 203040 Web: https://www.halifax.co.uk/
HSBC	Due to changing circumstances please view the website for information relating to opening hours, health and hygiene measures, and further information.	Address: 26 High Street, Colchester CO1 1DQ Call: 03457 404404 Web: https://www.hsbc.co.uk/
Leeds Building Society	Due to changing circumstances please view the website for information relating to opening hours, health and hygiene measures, and further information.	Address: 30 High Street, Colchester CO1 1DB Call: 01206 563788 Web: https://www.leedsbuildingsociety.co.uk/
Lloyds	Due to changing circumstances please view the website for information relating to opening hours, health and hygiene measures, and further information.	Address: 27 High Street, Colchester CO1 1DU Call: 03456 021997 Web: https://www.lloydsbank.com/

Colchester Borough Residents Contacts Pack

Metro	Due to changing circumstances please view the website for information relating to opening hours, health and hygiene measures, and further information.	Address: 31-32, High Street, Colchester CO1 1DB Call: 02034 027950 Web: https://www.metrobankonline.co.uk/
Nationwide	Due to changing circumstances please view the website for information relating to opening hours, health and hygiene measures, and further information.	Address: 10 Culver Street West, Colchester CO1 1JG Call: 0800 554 0601 Web: https://www.nationwide.co.uk/
NatWest	Due to changing circumstances please view the website for information relating to opening hours, health and hygiene measures, and further information.	Address: 25 High Street, Colchester, Essex, CO1 1DG Call: 03457 888444 Web: https://personal.natwest.com/personal.html
Royal Bank of Scotland	Due to changing circumstances please view the website for information relating to opening hours, health and hygiene measures, and further information.	Address: 45 Head Street, Colchester CO1 1NW Call: 03457 242424 Web: https://www.bankofscotland.co.uk/
Santander	Due to changing circumstances please view the website for information relating to opening hours, health and hygiene measures, and further information.	Address: 48 High Street, Colchester CO1 1DH Call: 0800 912 3123 Web: https://www.santander.co.uk/

Other Information

All information is correct as of April 2021 unless stated otherwise

Organisation	Support &/or What's Available	Contact Details
Citizens Advice	Offering support and guidance on: <ul style="list-style-type: none"> Debt and money advice helpline 07984 405190 available 9am to 5pm Monday to Wednesday. 	Call: 0300 330 2104 (for all telephone advice) Email: advice.colchester@cabnet.org.uk Web: www.citizensadvice.org.uk

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	<ul style="list-style-type: none"> • Help to Claim Universal Credit helpline 0800 144 8 444 available 8am to 6pm Monday to Friday. <p>And much more, visit their website for more information.</p>	
GOV.UK	<p>Visit the GOV.UK website for all information relating to the coronavirus situation including:</p> <ul style="list-style-type: none"> • All recent and upcoming changes • What you can and cannot do • Self-isolating and testing • Work and financial support • Businesses and self-employed • School, education, and childcare • Travel and transport • The latest announcements • The latest statistics <p>Workers across the United Kingdom will benefit from increased support with a five-month extension of the furlough scheme into Spring 2021.</p> <p>Part of the Support for businesses and self-employed people during coronavirus. This information is updated daily on the gov website</p>	<p>Web: https://www.gov.uk/coronavirus</p>
NHS App	<p>Download the NHS to help you manage your own and your family's health and wellbeing. You can book appointments, order repeat prescription, nominate your preferred pharmacy and see what available medicines there are for you. For more information visit their website.</p>	<p>Web: https://www.nhs.uk/using-the-nhs/nhs-services/the-nhs-app/</p>
North East Essex COPD Health Coaching	<p>Free COPD coaching which is normally in person, is now offered on a 1-2-1 basis or group based online.</p> <p>You can join the group and contact and share to let others know the service is available.</p>	<p>Call: 0300 3039 988</p> <p>This is a private Facebook group so you must be logged on to your account to access it.</p>

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Colchester Community Market (Previously South Lanes)	This is somewhere independent retailers and makers can share their wares and local people can come and find things they might not be able to get hold of while investing in their local community.	This is a Facebook group which you must join to access content.
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**Children & Family
Activities and Information**
All information is correct as of April 2021 unless stated otherwise

Organisation	Support &/or What's Available	Contact Details
BBC CBeebies	CBeebies is designed for 0-6-year olds and includes a range of activities (animation, drama, entertainment, factual and live action).	Web: https://www.bbc.co.uk/cbeebies
BBC Bitesize	BBC Bitesize can be used to help with homework, revision, and learning.	Web: https://www.bbc.co.uk/bitesize
Colchester Arts Centre	They are providing online poems, door to door poems, poems on the phone.	Call: 01206 500900 Web: https://www.colchesterartscentre.com/ This is a public Facebook group.
Colchester Borough Council - Colchester and Ipswich Museums	Museum from Home: Over the coming weeks the team will be sharing a variety of activities to help educate and entertain. Inspired by the collections across Colchester and Ipswich, from art to nature, archaeology to social history, they hope to bring the museum to you!	Web: https://cimuseums.org.uk/museumfromhome/
Colchester Zoo	Please check the website for the current open/closed status of the Zoo. When the Zoo is closed, they are sharing some of what the team and the animals get up to across their social media channels The zoo is reopening April 12 th 2021	Web: https://www.colchester-zoo.com/bringing-the-zoo-to-you/ This is a public Facebook group. Press here for the Twitter link . Press here for the Instagram link .
Essex Child and Family Wellbeing Service	Are supporting children, young people, and their families, and providing access to support and services to help children and families achieve the best start in life.	Call: 0300 247 0015 Web: https://essexfamilywellbeing.co.uk/ This is a public Facebook group.

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Essex Libraries	<p>Please check the Essex Library website for the current open/closed status of the libraries.</p> <p>When the libraries are closed, different activities are current information is uploaded to the website.</p>	<p>Web: https://libraries.essex.gov.uk/</p> <p>https://libraries.essex.gov.uk/children-and-young-adults/babies-and-toddlers/</p>
Essex Youth Service	<p>Helping young people in Essex to get the most out of school, work, and life. Weekly activities available via Zoom.</p>	<p>Web: https://youth.essex.gov.uk/young-people/online-activities/</p> <p>This is a public Facebook group</p>
La Leche League Colchester	<p>Advice on breastfeeding whilst in isolation for families. Free online courses can be accessed via their Facebook group.</p>	<p>This is a public Facebook group</p>
Precious Bundles	<p>Providing free quality clothing and equipment for children aged 0 to 5 and new-born starter packs to anyone who needs them.</p>	<p>This is a public Facebook group</p>
The Dance Network Association	<p>Active Monday's: Weekly creative dance class for children under the age of 8 and their parents/carers. The class is appropriate for young children in the early years, and Key Stage 1 classes as well as children and young people in special educational needs and disabilities settings.</p> <p>To book click on the link below:</p> <p>https://www.dancenetworkassociation.org.uk/springseason2021</p> <p>Welcome to the World for you and your baby: Weekly postnatal programme specifically for new-born babies and their mum, dad, parent or carer. Classes will take place every Saturday. The main purpose of the session is to come together in a relaxed non-judgemental environment where we will have the opportunity to relax in our own body whilst having the opportunity to learn things such as baby massage, skin to skin contact, babies response to touch and sensitivity receiving touch.</p>	<p>Email: https://www.dancenetworkassociation.org.uk/</p> <p>Web: gemma@dancenetworkassociation.org.uk</p>
Tots to Teens	<p>A volunteer based and run community group bringing clothes and accessories and essentials to families that need them due to circumstances. They cater for new-born to 16 years of age.</p>	<p>This is a Facebook group so you must be logged on to your account to access it.</p>

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Wild Time	Wilderness Foundation has created Wild Time to help everyone through lock down! With activities to keep the whole family engaged in nature and the outdoors and activities to keep your mind healthy with Mindfulness and Reflections!	Web: https://wildernessfoundation.org.uk/wildtime/ This is a public Facebook group. Instagram: Wilderness Foundation UK Instagram: Chatham Green Twitter: Wilderness Foundation
Multi Schools Lowdown	This is a free podcast discussing how the group is adapting to the impacts of coronavirus pandemic, information on SEND (Special Education Needs Department) education and targeted support for young people's mental health.	To access the podcast search for 'Multi Schools Lowdown' on Spotify and other podcast providers. Spotify: Multi Schools Lowdown

Black, Asian And Minority Ethnic (BAME) & Faith Groups Information

All information is correct as of April 2021 unless stated otherwise

Religion/Group	Support &/or What's Available	Contact Details
Buddhism	Buddhist Door: Senior Thai Monk offers a Buddhist perspective on dealing with COVID-19.	Web: https://www.buddhistdoor.net/news/senior-thai-monk-offers-a-buddhist-perspective-on-dealing-with-covid-19
The Catholic Church England and Wales	Guidance for collective worship.	Web: https://www.cbcew.org.uk/home/our-work/health-social-care/coronavirus-guidelines/guidance-collective-worship/
Gov UK COVID-19	Guidance for the safe use of places of worship.	Web: https://www.gov.uk/government/publications/covid-19-guidance-for-the-safe-use-of-places-of-worship-during-the-pandemic-from-4-july/covid-19-guidance-for-the-safe-use-of-places-of-worship-during-the-pandemic-from-4-july

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Colchester Chinese association	Are delivering a gift of groceries to their Colchester Chinese Association senior members aged 65 or above who do not live with extended family and helping them in any other way that they can.	Address: 1-3 Bloomfield Place, 25 St Botolph's Street, CO2 7EA Web: https://www.colchesterchineseassociation.co.uk/ This is a public Facebook group.
Christianity	Find out information on church coronavirus guidance and information via the website.	Web: https://www.churchofengland.org/more/media-centre/coronavirus-covid-19-guidance-churches Or https://www.chelmsford.anglican.org/
	Christian Aid exists to create a world where everyone can live a full life, free from poverty.	Web: https://www.christianaid.org.uk/
Hinduism	Hindu Council UK represents an amalgamation of various Hindu denominations in the UK through their temple bodies and cultural organisations. Temple management for temples across the UK have been encouraged to close temples and take steps that elder devotees are being looked after.	Web: http://www.hinducounciluk.org/2020/04/01/temples-lock-down-advice/ Or http://www.hfb.org.uk/
Islam	Colchester Islamic Cultural Association. They have a group on their website with COVID-19 updates and information. For more updates visit their Facebook group.	Address: 1-3 Bloomfield Place, 25 St Botolph's Street, CO2 7EA Web: https://colchestermosque.co.uk/ This is a public Facebook group.
	The Muslim Council of Britain regularly updates their guidance to help inform a range of groups. Including individuals, mosques, and educational institutions.	Web: https://mcb.org.uk/mcb-updates/coronavirus-guidance-for-mosques-and-madrassas/
	The British Islamic Medical Association has put together an information leaflet to help inform the decision making for those responsible for administering religious burials.	Web: https://www.gmcvo.org.uk/system/files/BI%20MA%20Ghusl%20guidelines%20QA.pdf.pdf

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Judaism	The Jewish Leadership Council brings together the major British Jewish organisations to work for the good of the Jewish community.	Web: https://www.thejlc.org/
	Union of Jewish Students along with most of the world are responding to the needs of our community, alongside the challenges faced by the necessary restrictions imposed.	Web: https://www.ujs.org.uk/
Sikhism	Sikh coalition. A range of resources and guides from the Sikh Coalition, including travel restrictions and an e-learning resource. Most resources available in both English and Punjabi.	Web: https://www.sikhcoalition.org/our-work/empowering-the-community/covid-19-response-resources/
	Sikh Helpline. Free professional and confidential counselling over telephone or email.	Call: 08456 440704 Web: https://www.sikhhelpline.com/coronavirus/

Further information is available in other languages via the [GOV.UK website](#) they have a variety of public health messages related to COVID-19.

Alternatively, you can visit the AskDoc [website](#) which has a number of short videos translating the NHS England COVID-19 advice in various languages via [here](#).