

Wearing a face covering
ገጽካ ዝሸፍን ነገር ምምላስ
<ul style="list-style-type: none"> Anyone travelling by bus, train, ferry or plane in England should now wear a face covering to help reduce the risk of coronavirus transmission.
<ul style="list-style-type: none"> ዝኾነ ሰብ ብኣውቶቡስ፣ ብባቡር፣ ብመርከብ፣ ወይ ከኣ ብኣይሮፕላይን ኣብ ሃገር እንግሊዝ ዝጎዓዝ ሰብ ብሙሉኡ ናይ ገዝ መሸፈኒ (ማስክ) ክመልእስ ይግባእ፣ እዚ ከኣ እቲ ዘሎ ናይ ኮሮናቫይረስ ሕማም ንኺመሓላለፍ ምክልኻል እዩ።
<ul style="list-style-type: none"> You must also wear a face covering in shops and should do so in other enclosed spaces where it is not possible to stay two metres apart from other people.
<ul style="list-style-type: none"> ከምኡ እውን ወይ ኣብ ዱካናት ወይ ከኣ ኣብ ካልእ ዕጹው ቦታታት ምስ ካልእ ሰብ ናይ ክልተ ሜትር ርሕቀት ሓሊኹም ክትከዱ ዘይትኽእልሉ ቦታት ክትገርም ዘለኩም ከኣ ኣው ከይተረፈ እውን ናይ ገጽ መሸፈኒ (ማስክ) ክትገብሩ ይግባእ።
<ul style="list-style-type: none"> Some passengers will be exempt from these rules including:
<ul style="list-style-type: none"> ሓድሒ ሰባት ነዚ ተዋሂቡ ዘሎ ሕጊ ዘይምልከቶም ዝጎዓዙ ኣለው፣ እዚኣቶም ከኣ እዞም ዝስዕቡ ክኹኑ ይኽእሉ፡
<ul style="list-style-type: none"> Children under 11
<ul style="list-style-type: none"> ዕድሚኦም ትሕቲ 11 ዝኾኑ ቆልዑት
<ul style="list-style-type: none"> People with disabilities
<ul style="list-style-type: none"> ስንኩልነት ዘለዎም ሰባት
<ul style="list-style-type: none"> Those with breathing difficulties
<ul style="list-style-type: none"> እቶም ናይ ምትንፋስ ጸገም ወይ ከኣ ስንኩልነት ዘለዎም ሰባት
<ul style="list-style-type: none"> Anyone travelling with someone who relies on lip reading
<ul style="list-style-type: none"> ዝኾነ ሰብ ምስ እቶም ናይ ምዝራብ ጸገማት ዘለዎም ሰባት ናይ እፍ ንባብ ዝሰምዑ ወይ ከኣ ኣፍ ዝዘረቡ ብምርኣይ ጥራይ ክዘራረቡ ዝኽእሉ ዝጎዓዙ እንተድኣ ከይኖም ።
<ul style="list-style-type: none"> If it is "reasonably necessary" for you to eat or drink you can remove the face covering to do so.
<ul style="list-style-type: none"> እንተ ድኣ "መግቢ ምብላዕ ኣገዳሲ ኮይኑ" ወይ ዝስተ ነገራት ክትሰትዩ ወይ ከኣ ክትበልዑ እንተ ድኣ ኣድልይኩም እቲ ናይ ገጽ መሸፈኒ (ማስክ) ክትኣልይዎ ወይ ከኣ ከተውጽእዎ ትኽእሉ ኢኹም።
<ul style="list-style-type: none"> People could be refused travel if they don't follow the rules. They could also be fined, but this will be the last resort.
<ul style="list-style-type: none"> ነዚ ተዋሂቡ ዘለኦ መምርሒታት እንተድኣ ዘይተኸተሉ ሰባት ኣብ እቲ ናይ ህዝቢ መጎዓዓዚ ክጎዓዙ ክኽልከሉ ይኽእሉ እዮም። ከምኡ እውን መቐጸዕቲ ሙልታ ክኸፍሉ ክግደዱ ይኽእሉ እዮም፣ እዚ ክኸውን ዘኽእሎ ግን ናይ መወዳጃታ ካልእ ምርጫ እንተ ዘየለ ጥራይ እዩ።
How to put on a face covering
ከመይ ጌርካ ገጽካ ዝሸፍን ነገር ምምላስ
<ul style="list-style-type: none"> A cloth face covering should cover your mouth and nose while allowing you to breathe comfortably.
<ul style="list-style-type: none"> ናይ ገጽ መሸፈኒ (ማስክ) ብጨርቂ ዝተሰርሐ እዚ ከኣ ንኣፍንጫን ኣፍን ዝሸፍን ክኸውን ኣለዎ፣ ብምጫእ መንገዲ ከኣ ከተተንፍስ ትኽእልለሉ ክኸውን ኣለዎ።
<ul style="list-style-type: none"> It can be as simple as a scarf or bandana that ties behind the head.
<ul style="list-style-type: none"> እዚ ከኣ ወይ ሻርባ (ሻለ) ወይ ከኣ ባንዳና መሸፈን ገጽ ክኸውን ይኽእል እዩ፣ እዚ ከኣ ኣፍን ኣፍንጫን ሽፊኑ ብድሕሪት ዝእሰር ጨርቂ እውን ክኸውን ይኽእል እዩ።
<ul style="list-style-type: none"> Wash your hands or use hand sanitiser before putting it on and after taking it off.
<ul style="list-style-type: none"> ኢድኩም ኩሉ ጊዜ ክትሕጸቡ ይግባእ ወይ ከኣ ናይ ኢድ መጽረይይ (ሃንድ ሳኒታይዘር) ከኣ ቅድሚ እቲ መሸፈኒ ገጽ (ማስክ) ምስ መለስኩምን ቅድሚ ምውጻእኩምን መሰውጻእኩምን ክትጥቀሙ ኣለኩም።
<ul style="list-style-type: none"> Avoid touching your eyes, nose, or mouth at all times.

<ul style="list-style-type: none"> • ኩሉ ጊዜ ከአ ዓይንዎን አፍንጫችን ወይ አፍኩም ከትንክፎ የብልኩም አብ ዝኸነ ሰዓት።
<ul style="list-style-type: none"> • Store used face coverings in a plastic bag until you have an opportunity to wash or dispose of them.
<ul style="list-style-type: none"> • እቲ አቐዳምኩም ዝተጠቀምኩሉ ናይ ገጽ መሸፈኒ (ማስክ) ከአ አብ ኣቲ ዝግብኦ እንዳ ጓሓፍ ክትጉሕፍዎ ይግባእ።
<ul style="list-style-type: none"> • You should wash a face covering regularly.
<ul style="list-style-type: none"> • እቲ ናይ ገጽ መሸፈኒ ከአ ኩሉ ጊዜ ክትሓጽብዎ ይግባእ።
<ul style="list-style-type: none"> • Do not touch the front of the face covering, or the part of the face covering that has been in contact with your mouth and nose.
<ul style="list-style-type: none"> • ወይ ከአ እቲ ክፍሊ ነቲ ገጽ ዝሸፍኖ አፍኩም እንተ ድኣ ተንኪፍዎ ወይ ከአ አፍንጫችን እንተ ድኣ ተንኪፍዎ፣ እቲ ናይ ግድሚት ቦታ ናይ ገጽ መሸፈኒ ከአ ብኢድኩም ጌርኩም ትሕዝዎ የብልኩምን።
<ul style="list-style-type: none"> • Once removed, make sure you clean any surfaces the face covering has touched.
<ul style="list-style-type: none"> • እቲ ናይ ገጽ መሸፈኒ መሰውጻእኩም፣ ኩሉ እቲ መሸፈኒ ገጽ ዝተንፍክፎ ነገራት ክተጽርይዎ ይግባእ።
<ul style="list-style-type: none"> • For more information, please visit www.gov.uk
<ul style="list-style-type: none"> • ብዛዕባ እዚ ዝምልከት ዚያዳ ሓበረኢታ እንተድኣ ደሊኹም፣ ብኽብረትኩም ናብ እዚ ዝስዕብ ዌብ ሳይት ኣድራሻ ኣቲኹም ተወከሱ፡ www.gov.uk